

PERSONAL INFORMATION



Florin Alin SAVA

West University of Timișoara (UVT), 4 Vasile Pârvan Blvd., Timișoara, Romania
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WORK EXPERIENCE

March 2024 - Present

Director of the Council for Doctoral Studies (CSUD); Professor

West University of Timișoara, Department of Psychology

- Coordination of the doctoral schools within UVT's Institution Organising Doctoral Studies (IOSUD); operational management of doctoral studies and advanced postdoctoral research programmes.
- Doctoral supervisor and Professor of Psychology.
- Research interests: personality psychology; clinical psychology; experimental psychology.
- Teaching areas: personality assessment; behavioural assessment and modification; evidence-based guidelines; argumentation and debate; research methodology and data analysis.
- University management interests: (i) scientometrics; (ii) academic careers and performance assessment; (iii) performance-based higher education funding; (iv) doctoral studies and postdoctoral research programmes.

2005 - Present

Licensed practising psychologist

Private practice: Pătruț Laura și Asociații SCPP (2012-present); other forms of professional practice (2005-2012).

- Professional practice authorisations: senior psychologist (principal grade) in clinical psychology, work and organisational psychology, and psychology applied to services.
- Practitioner psychologist in cognitive-behavioural psychotherapy (under supervision) and psychology applied to transport (autonomous practice).

July 2006 - Present

Sole shareholder and Managing Director

SC Psiho Proiect SRL, Timișoara (RO 18835144)

- Development and distribution of psychological tests; author/co-author of several instruments approved by the Romanian College of Psychologists.
- Development of psychological tests for the Superior Council of Magistracy (CSM).
- Opinion polling and human resources consulting: personnel selection and talent management.

January 2025 - January 2026

Ministerial Adviser for Higher Education

Ministry of Education and Research

- Part-time work in a hybrid arrangement, at the request of the minister, Professor Daniel David.

March 2020 - February 2024

Vice-Rector; Professor

West University of Timișoara, Department of Psychology

- Vice-Rector responsible for research, development and innovation strategy, artistic creation and sporting performance.
- Professor and doctoral supervisor in psychology.

December 2015 - February 2020

Director of the Doctoral School of Psychology; Professor of Psychology

West University of Timișoara, Department of Psychology

- Director of the Doctoral School of Psychology.
- Doctoral supervisor and Professor of Psychology.

January 2008 - November 2015

Head of the Department of Psychology; Professor / Associate Professor / Lecturer

West University of Timișoara, Department of Psychology

- Head of Department: March 2008-November 2015.
- Lecturer: January-February 2008; Associate Professor: March 2008-September 2013; Professor: from October 2013.
- Habilitation in psychology: June 2013; doctoral supervisor in psychology: from October 2014.

July 2006 - December 2008

Postdoctoral Researcher

Babeș-Bolyai University, Cluj-Napoca, Department of Clinical Psychology and Psychotherapy; International Institute for Advanced Studies in Psychotherapy and Mental Health (supervisor: Professor Daniel David).

October 1999 - June 2006

Junior Teaching Assistant / Teaching Assistant / Lecturer

West University of Timișoara

- Department of Psychology: Teaching Assistant, October 2001-February 2004; Lecturer, March 2004-June 2006.
- Department of Special Education: Junior Teaching Assistant, October 1999-September 2001.

October 1998 - September 1999

Junior Teaching Assistant

Vasile Goldiș Western University of Arad, Department of Teacher Training (DPPD).

EDUCATION AND TRAINING

January 2019 - September 2021

Certification in cognitive-behavioural psychotherapy

Romanian Association for Behavioural and Cognitive Therapy (ARTCC)

- Authorisation to practise cognitive-behavioural psychotherapy under supervision, recognised by the Romanian College of Psychologists.

October 2014 - June 2016

Master's degree in Clinical Psychology, Psychological Counselling and Psychotherapy

University of Oradea

October 2004 - June 2006

Master's degree in Public Policy and Advocacy

West University of Timișoara

October 2001 - June 2005

PhD in Psychology

Babeș-Bolyai University, Cluj-Napoca

October 1998 - June 1999

Diploma of Advanced Studies in the Psychopedagogy of Integrated Education

West University of Timișoara

October 1994 - June 1998

Bachelor's degree in Psychology (four-year programme)

West University of Timișoara

INTERNATIONAL VISITS

As a researcher

USA

One month at Vanderbilt University, Nashville, TN (August 2023).

Three months at the University of North Carolina at Chapel Hill (June 2011, June 2015, June 2019).

Two months at American University, Washington, DC (January-February 2007).

Two months at the University of Michigan, Ann Arbor (July-August 2000).

Spain

One month at the University of Coruna (November 2007).

Hungary

One month at Central European University, Budapest (July 2002).

As a student

France

One month at Paris V University (June 2002).

Sweden

Three months at Jönköping University (Erasmus, spring semester 1999).

PERSONAL SKILLS

Mother tongue

Romanian

Other languages

Language	Listening	Reading	Spoken interaction	Spoken production	Writing
English	C1	C1	C1	B2	C1
French	A2	B1	A2	A1	A1

Levels: A1/A2: Basic user; B1/B2: Independent user; C1/C2: Proficient user. Common European Framework of Reference for Languages.

Management skills

Extensive management experience in academia as Head of Department, Director of a Doctoral School, Vice-Rector for Research and Director of CSUD; in business (research and innovation, entrepreneurship) through SC Psiho Proiect SRL; and in professional governance as a member of the Board of the Romanian College of Psychologists during the 2005-2009 and 2022-2026 terms.

Specialist computer skills

Data analysis: SPSS, AMOS, Stata, R (RStudio), Comprehensive Meta-Analysis, GPower.
Experimental design: MediaLab, DirectRT.

ADDITIONAL INFORMATION

Research metrics and identifiers

H-index (1 October 2026):

- Scopus: 21. [Scopus profile](#)

- Google Scholar: 30. [Google Scholar profile](#)

Researcher identifiers:

- ORCID: <https://orcid.org/0000-0001-8898-1306>

- Scopus Author ID: 6701683474

- Brainmap ID: U-1700-039G-7833

Citations in leading journals

Hundreds of citations in prestigious journals (Q1 according to AIS/JIF). Selected journals ranked first or second in a Web of Science category that cite this work: Nature Human Behaviour (1/89), Nature Medicine (1/136), Nature Energy (1/119), Annual Review of Psychology (1/81), Annual Review of Clinical Psychology (1/131), Personality and Social Psychology Review (1/63), Journal of Personality and Social Psychology (2/63), American Sociological Review (1/149), Annual Review of Sociology (2/149), Educational Psychologist (1/60), and Educational Psychology Review (2/60). Other prominent citing journals include American Psychologist, Perspectives on Psychological Science, European Psychologist, European Review of Social Psychology, Social Psychological and Personality Science, European Journal of Personality, and Journal of Applied Psychology.

Web of Science or Scopus publications

AS AUTHOR - 70+ publications

* Corresponding author and/or first author.

Accepted and in press

Faur, D., & Sava, F.A. (in press). Beyond the Moderating Role of Neuroticism on Evaluative Conditioning: Threat Appraisal. *Journal of Personality*. <https://doi.org/10.1111/jopy.70093>

Huzoica, F.G., Rougier, M., De Houwer, J., Perugini, M., Sava, F.A. (accepted). Tell me who you're with and I'll tell you who you are: How spontaneous trait inference, conditioning, and personality shape impression formation. *Social Cognition (SSCI, Psychology, Social)*

Lazăr, A., Rougier, M., Perugini, M., & Sava, F.A. (in press). Moderating effect of stimulus presentation type, contingency awareness and anxiety on evaluative conditioning: An attentional perspective. *Cognition & Emotion*, <https://doi.org/10.1080/02699931.2025.2528924>

Șandru, C., Crișan, I., Reisz, D., Sava, F.A. (in press). A new instrument for assessing cognitive decline and dementia - Results on the classification accuracy of the MODEMM in a Romanian clinical and community sample. *Assessment*. <https://doi.org/10.1177/10731911251389197>

Voin, S., Crișan, I., & Sava, F. A. (in press). Unsophisticated AI coaching does not improve performance on symptom and performance validity tests in a Romanian sample of experimental feigners. *Applied Neuropsychology: Adult*, 1-8. <https://doi.org/10.1080/23279095.2025.2512786>

2026

Faur, D., & Sava, F.A. (2026). Beyond the Moderating Role of Neuroticism on Evaluative Conditioning: Threat Appraisal. *Journal of Personality (Registered report)*. <https://doi.org/10.1111/jopy.13017>

Lazăr, A., Rougier, M., De Houwer, J., Perugini, M., Rusu, A., Sava, F.A. (accepted). Anxiety, Cognitive Biases, and Evaluative Conditioning: An Eye-Tracking Experiment. *International Review of Social Psychology*, 39(1), 7, 1-16 <https://doi.org/10.5334/irsp.1205>

Sălăgean, N., Latu, I.M., Larsen, T.M.B., Isbășoiu, A.B., Sava, F.A. (2026). Reducing prejudice against the LGBTQ+ community in Romanian teachers via an Internet-delivered Intervention: Results from a Randomized Controlled Trial. *JMIR Human Factors*, 63787, <http://dx.doi.org/10.2196/63787>

Uram, P., Skalski-Bednarz, S. B., Sava, F., & Balas, R. (2026). Evaluative conditioning of attitudes towards nutrition: a systematic review of research using food and body stimuli. *Polish Psychological Bulletin*, 57, 71-87. <https://doi.org/10.24425/ppb.2026.153994>

2025

Crișan, I., & Sava, F.A. (2025). Validity assessment in Eastern Europe: cross-validation of the Dot Counting Test and MODEMM against the TOMM-1 and Rey-15 in a Romanian mixed clinical sample. *Archives of Clinical Neuropsychology*, 40(3), 614-625. <https://doi.org/10.1093/arclin/acad085>

Faur, D., Sava, F.A., Dindelegan, C.M., & Drugaș, M.I. (2025). Beyond neuroticism: mediators of personality traits and internalizing psychopathology. *BMC Psychology*, 13(1), e:402. <https://doi.org/10.1186/s40359-025-02716-x>

Dudău, D.P., Chitez, M., & Sava, F.A. (2025). Elucidating the emotional persona in the Romanian university students' academic discourse: A corpus-based exploration. *Frontiers in Psychology*, 1514795, <https://doi.org/10.3389/fpsyg.2024.1514795>

Huzoica, F. G., De Houwer, J., Perugini, M., Rusu, A., & Sava, F. A. (2025). Beyond valence transfer in an evaluative conditioning paradigm: On the nature of the phenomenon and its relation to personality. *Collabra: Psychology*, 11(1). <https://doi.org/10.1525/collabra.137108>

*Lupuleac, C., Faur, D., & Sava, F. A. (2025). Frustrated Teachers: An REBT Intervention to Reduce Frustration Discomfort in Middle School Teachers-A Quasi-Experimental Study. *European Journal of Investigation in Health, Psychology and Education*, 15(4), 57. <https://doi.org/10.3390/ejihpe15040057>

Popa, C.O., Schenk, A., Cojocaru, C.M., Gyorgy, M., Sava, F.A., Marian, Ș., Popoviciu, H., Szasz, S. (2025). A transdiagnostic approach to psychodiagnosis: The Romanian adaptation of the process-based assessment tool (PBAT). *Behavioral Sciences*, 15(12), e: 1697. <https://doi.org/10.3390/bs15121697>

2024

Avram, L. Ciumăgeanu, M., Sava, F.A. (2024). Written language: a promising gateway to anxiety disorders assessment. *Sage Open*, 14(2), <https://doi.org/10.1177/21582440241241420>

Baranski, E., Gardiner, G., Shaman, N., Shagen, J., Lee, D., ... Sava, F.A., & Funder, D. (2024). Personality and conceptions of religiosity across the world's religions. *Journal of Research in Personality*, 110, e104496 <https://doi.org/10.1016/j.jrp.2024.104496>

Bunghez, C., De Houwer, J., Rusu, A., & Sava, F. A. (2024). Exploring the association between neuroticism and negativity bias in evaluative counterconditioning. *Learning and Motivation*, 88, e102039. <https://doi.org/10.1016/j.lmot.2024.102039>

*Bunghez, C., Rusu, A., De Houwer, J., Perugini, M., Boddez, Y., & Sava, F. A. (2024). The moderating role of neuroticism on evaluative conditioning: evidence from ambiguous learning situations. *Social Psychological and Personality Science*, 15(6), 717-728. <https://doi.org/10.1177/19485506231191861>

*Isbășoiu, A.B., Sava, F.A., Larsen, T.M.B., Anderssen, N., Rotaru, T.Ș., Rusu, A., Sălăgean, N., Tulbure, B.T. (2024). An Internet-based Intervention to increase the ability of Lesbian, Gay, and Bisexual people to cope with adverse events: Single-group feasibility study. *JMIR Formative Research*, 8, e56198, <https://doi.org/10.2196/56198>

*Lupuleac, C., & Sava, F.A. (2024). Romanian Version of the Frustration Discomfort Scale (FDS). A preliminary validation on a non-clinical sample. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 42, 544-557 <https://doi.org/10.1007/s10942-023-00531-0>

Latu, I., Sălăgean, N., Larsen, T., Isbășoiu, A., Sava, F.A. (2024). Testing the effectiveness of an intervention to improve Romanian teachers' LGBT+ related attitudes, cognitions, behaviors, and affect: A randomized control trial. *JMIR Research Protocols*, 13, e54254, <https://doi.org/10.2196/54254>

2023

Crișan, I., Maricuțoiu, L. P., & Sava, F. A. (2023). Strategies to detect invalid performance in cognitive testing: An updated and extended meta-analysis. *Current Psychology*, 42(4), 3236-3257 <https://doi.org/10.1007/s12144-021-01659-x>

Crișan, I., Sava, F. A., & Maricuțoiu, L. P. (2023). Strategies of feigning mild head injuries related to validity indicators and types of coaching: Results of two experimental studies. *Applied Neuropsychology: Adult*, 30(6), 705-715 <https://doi.org/10.1080/23279095.2021.1973004>

Casini, E., Richetin, J., Sava, F.A., Perugini, M. (2023). The moderating role of neuroticism on evaluative conditioning: New insights on the processes underlying this relationship. *Collabra: Psychology*, 9(1), e: 74820 <https://doi.org/10.1525/collabra.74820>

De Houwer, J., Perugini, M., Boddez, Y., Sava, F. (2023). A roadmap for future interactions between research on personality and learning. *Collabra: Psychology*, 9(1), e: 88334 <https://doi.org/10.1525/collabra.88334>

Gwendolyn, G., Lee, D.I.,...Sava, F.A., Thi Thu Bui, H. (2023). The economic well-being of nations is associated with positive daily situational experiences. *Current Research in Ecological and Social Psychology*, 4, e: 100088 <https://doi.org/10.1016/j.cresp.2023.100088>

Marian, Ș., Costantini, G., Macsinga, I., Sava, F.A. (2023). The dynamic interplay between anxious and depressive symptoms in a sample of undergraduate students. *Journal of Psychopathology and Behavioral Assessment*, 45(1), 150-159. <https://doi.org/10.1007/s10862-022-10014-8>

Marian, Ș., & Sava, F.A. (2023). Identifying central negative thoughts using experience sampling and network analysis. *Cognitive Therapy & Research*, 47(5), 707-719 <https://doi.org/10.1007/s10608-023-10400-w>

*Samfira, E.M., & Sava, F.A. (2023). The effectiveness of a rational-emotive intervention on teachers' unconditional self-acceptance, perfectionism, and pupil control ideology. *Frontiers in Psychology*, 14, e: 1240269 <https://doi.org/10.3389/fpsyg.2023.1240269>

2022

Imhoff, R., Zimmer, F., ...Sava, F.A.... & van Prooijen (2022). Conspiracy mentality and political orientation in 26 countries. *Human Nature Behaviour*, 6(3), 392-403, <https://doi.org/10.1038/s41562-021-01258-7>

Crișan, I., Sava, F. A., Maricuțoiu, L. P., Ciomăgeanu, M. D., Axinia, O., Gîrniceanu, L., & Ciotlăuș, L. (2022). Evaluation of various detection strategies in the assessment of noncredible memory performance: Results of two experimental studies. *Assessment*, 29(8), 1973-1984, <https://doi.org/10.1177/10731911211040105>

* Dudău, D. P., & Sava, F. A. (2022). The development and validation of the Romanian version of Linguistic Inquiry and Word Count 2015 (Ro-LIWC2015). *Current Psychology*, 41(6), 3597-3614 <https://doi.org/10.1007/s12144-020-00872-4>

Marian, Ș., Sava, F.A., Dindelegan, C. (2022). A network analysis of DSM-5 avoidant personality diagnostic criteria. *Personality and Individual Differences*, 188, e 111454, <https://doi.org/10.1016/j.paid.2021.111454>

Popa, C. O., Sava, F. A., Muresan, S., Schenk, A., Cojocaru, C. M., Muntean, L. M., & Olah, P. (2022). Standard CBT versus integrative and multimodal CBT assisted by virtual reality for generalized anxiety disorder. *Frontiers in Psychology*, 13. <https://doi.org/10.3389/fpsyg.2022.1008981>

2021

* Samfira, E. M., & Sava, F. A. (2021). Cognitive-behavioral correlates of pupil control ideology. *PloS One*, 16(2), e0246787. <https://doi.org/10.1371/journal.pone.0246787>

* Dudău, D. P., & Sava, F. A. (2021). Performing multilingual analysis with Linguistic Inquiry and Word Count 2015 (LIWC2015). An equivalence study of four languages. *Frontiers in Psychology*, 12:570568. <https://doi.org/10.3389/fpsyg.2021.570568>

* Isbășoiu, A.B., Tulbure, B.T., Rusu, A., Sava, F.A. (2021). Can we boost treatment adherence to an online transdiagnostic intervention by adding self-enhancement strategies? Results from a randomized controlled non-inferiority trial. *Frontiers in Psychology* <https://doi.org/10.3389/fpsyg.2021.752249>

Tripa, L., Sava, F. A., Paloș, R., Măgurean, S., & Macsinga, I. (2021). Evaluating the outcomes of „Resilient left behind children”-A social-emotional learning and mindfulness group counseling program. *Cognition, Brain, Behavior*, 25(1), 33-53. <https://doi.org/10.24193/cbb.2021.25.03>

Petrisor, A., Maricuțoiu, L., & Sava, F. A. (2021). The do's and don'ts of supervisor behavior. Supervisor personality as predictor for subordinate's job insecurity and citizenship behaviors. *Psihologia Resursei Umane*, 19(1), 6-16. <https://doi.org/10.24837/pru.v19i1.478>

Crișan, I., Maricuțoiu, L. P., & Sava, F. A. (2021). Effectiveness of immediate vs. delayed recall in detecting invalid performance in coached and uncoached simulators: Results of two experimental studies. *Romanian Journal of Applied Psychology*, 23(2), 32-39. <https://doi.org/10.24913/rjap.23.2.02>

- Baranski, E., Sweeny, K., Gardiner, G., Guan, Y., ... Sava, F.A. ... & Funder, D. C. (2021). Who in the World is Trying to Change Their Personality Traits? Volitional Personality Change Among College Students in 56 Countries. *Journal of Personality and Social Psychology*, 121(5), 1140-1156
<https://doi.org/10.1037/pspp0000389>
- Baranski, E., Sweeny, K., Gardiner, G., ... Sava, F.A. ... & Funder, D. C. (2021). International optimism: Correlates and consequences of dispositional optimism across 61 countries. *Journal of Personality*, 89(2), 288-304. <https://doi.org/10.1111/jopy.12582>
- 2020**
- * Sava, F. A., Payne, B. K., Măgurean, S., Iancu, D. E., & Rusu, A. (2020). Beyond contingency awareness: the role of influence awareness in resisting conditioned attitudes. *Cognition and Emotion*, 34(1), 156-169. <https://doi.org/10.1080/02699931.2019.1652146>
- * Sava, F. A., Dindelegan, C., & Sălăgean, N. (2020). The utility of the Personality Clinical Form Indicators of Response Distortion: Receiver Operating Characteristic Analysis. *Romanian Journal of Psychology*, 22(1), 1-8. <https://doi.org/10.24913/rjap.22.1.01>
- Dudău, D.P., Sava, F.A., Rusu, A., Cervicescu, V. (2020). Detecting Individuals High in Neuroticism based on the Color Features of the Facebook Profile Picture. 22nd International Symposium on Symbolic and Numeric Algorithms for Scientific Computing (SYNASC), 286-293, <https://doi.org/10.1109/SYNASC51798.2020.00053>
- Tripa, L., Sava, F. A., Palos, R., Măgurean, S., & Macsinga, I. (2020). Adult psychological outcomes of former left behind children in Romania. *Romanian Journal of Psychology*, 22(2), 51-58. <https://doi.org/10.24913/rjap.22.2.04>
- Gardiner, G., Lee, D., Baranski, E., Funder, D., & International Situations Project. (2020). Happiness around the world: A combined etic-emic approach across 63 countries. *PloS One*, 15(12), e0242718. <https://doi.org/10.1371/journal.pone.0242718>
- Lee, D. I., Gardiner, G., Baranski, E., International Situations Project, & Funder, D. C. (2020). Situational experience around the world: A replication and extension in 62 countries. *Journal of personality*, 88(6), 1091-1110. <https://doi.org/10.1111/jopy.12558>
- 2019**
- Curșeu, P. L., Ilies, R., Virgă, D., Maricuțoiu, L., & Sava, F. A. (2019). Personality characteristics that are valued in teams: Not always "more is better"? *International Journal of Psychology*, 54(5), 638-649. <https://doi.org/10.1002/ijop.12511>
- 2018**
- Tulbure, B. T., Rusu, A., Sava, F. A., Sălăgean, N., & Farchione, T. J. (2018). A web-based transdiagnostic intervention for affective and mood disorders: randomized controlled trial. *JMIR mental health*, 5(2), e8901. <https://doi.org/10.2196/mental.8901>
- 2016**
- Neguț, A., Matu, S. A., Sava, F. A., & David, D. (2016). Task difficulty of virtual reality-based assessment tools compared to classical paper-and-pencil or computerized measures: A meta-analytic approach. *Computers in Human Behavior*, 54, 414-424. <https://doi.org/10.1080/13854046.2016.1144793>
- David, O., Ionițoiu, I., Imbarus, A., Sava, F.A. (2016). Coaching banking managers through the financial crisis: effects on stress, resilience, and performance. *Journal of Rational-Emotive and Cognitive Behavior Therapy*, 34(4), 267-281. <https://doi.org/10.1007/s10942-016-0244-0>
- Mărioș, C., Maricuțoiu, L.P., Sava, F.A. (2016). Explicit self-esteem and contingencies of self-worth: The moderating role of implicit self-esteem. *Personality and Individual Differences*, 99, 235-241. <https://doi.org/10.1016/j.paid.2016.05.022>
- Neguț, A., Matu, S.A., Sava, F.A., David, D. (2016): Virtual reality measures in neuropsychological assessment: a meta-analytic review, *The Clinical Neuropsychologist*, 30(2), 165-184. <https://doi.org/10.1080/13854046.2016.1144793>
- Măgurean, S., Constantin, T., & Sava, F.A. (2016). The indirect effect of evaluative conditioning on smoking. *Journal of Substance Use*, 21(2), 198-203. <https://doi.org/10.3109/14659891.2015.1005183>
- Maricuțoiu, L. P., Sava, F. A., & Butta, O. (2016). The effectiveness of controlled interventions on employees' burnout: A meta-analysis. *Journal of Occupational and Organizational Psychology*, 89(1), 1-27. <https://doi.org/10.1111/joop.12099>
- 2014**
- Virgă, D., Curșeu, P., Maricuțoiu, L., Sava, F.A., Macsinga, I., Măgurean, S. (2014). Personality, relationship conflict, and teamwork-related mental models. *PLoS One*, 9(11), e110223, <https://doi.org/10.1371/journal.pone.0110223>
- 2013**
- Sulea, C., Fine, S., Fischmann, G., Sava, F.A., Dumitru, C. (2013). Abusive supervision and counterproductive work behaviors. The moderating effects of personality. *Journal of Personnel Psychology*, 12(4), 196-200. <https://doi.org/10.1027/1866-5888/a000097>
- Crașovan, D., Sava, F.A. (2013). Translation, adaptation, and validation on the Romanian population of the COPE questionnaire for coping mechanisms analysis. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 17(1), 61-76
- 2012**
- * Sava, F.A., Maricuțoiu, L.P., Rusu, S., Macsinga, I., Virgă, D., Cheng, C.M., & Payne, B.K. (2012). An Inkblot for the implicit assessment of personality: The Semantic Misattribution Procedure. *European Journal of Personality*, 26(6), 613-628. <https://doi.org/10.1002/per.1861>
- Sulea, C., Virga, D., Maricutoiu, L.P., Schaufeli, W., Zaborila Dumitru, C., Sava, F.A. (2012). Work engagement as mediator between job characteristics and positive and negative extra-role behaviors. *Career Development International*, 17(3), 188-207. <https://doi.org/10.1108/13620431211241054>

Maricuțoiu, L.P., Rusu, S., Virgă, D., Macsinga, I., & Sava, F.A. (2012). Images of the self: Prediction of peer-evaluations of one's personality, using implicit and explicit self-assessments. *Procedia -Social and Behavioral Sciences*, 33, 682-686. <https://doi.org/j.sbspro.2012.01.208>

Gavița, O.A., Freeman, A., Sava, F.A. (2012). The development and validation of Freeman-Gavita Prescriptive Executive Coaching (PEC) multi-rater assessment. *Journal of Cognitive and Behavioral Psychotherapies*, 12(2), 159-174.

Maricuțoiu, L.P., Macsinga, I., Sava, F.A., Rusu, S., Virgă, D. (2012). Adaptation and validation of Self-Worth Scale on a Romanian sample. *Cognition, Brain, Behavior: An Interdisciplinary Journal*, 16(1), 121-138

2011

* Sava, F.A., Maricuțoiu, L.P., Rusu, S., Macsinga, I., Virgă, D. (2011). Implicit and explicit self-esteem and irrational beliefs. *Journal of Cognitive and Behavioral Psychotherapies*, 11(1), 97-111.

2009

* Sava, F.A., Yates, B.T., Lupu, V., Szentagotai, A. & David, D. (2009). Cost-effectiveness and cost-utility of cognitive therapy, rational emotive behavioral therapy, and fluoxetine (Prozac) in treating depression: A randomized clinical trial. *Journal of Clinical Psychology*, 65(1), 36-52. <https://doi.org/10.1002/jclp.20550>

* Sava, F.A. (2009). Maladaptive schemas, irrational beliefs, and their relationship with the five-factor personality model. *Journal of Cognitive and Behavioral Psychotherapies*, 9(2), 135-147.

2006

* Sava, F.A., Sperneac, A.M. (2006). Sensitivity to reward and sensitivity to punishment rating scales: A validation study on the Romanian population. *Personality and Individual Differences*, 41(8), 1445-1456. <https://doi.org/10.1016/j.paid.2006.04.024>

2002

* Sava, F.A. (2002). Causes and effects of teacher conflict-inducing attitudes towards pupils: a path analysis model. *Teaching and Teacher Education*, 18, 1007-1021, [https://doi.org/10.1016/S0742-051X\(02\)00056-2](https://doi.org/10.1016/S0742-051X(02)00056-2)

2000

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Other relevant publications

Book chapters published by leading international publishers (A1 CNATDCU)

* Dudău, D.P., Sălăgean, N., Sava, F.A. (2018). Executive Coaching. In M. Bernard, O. David (Eds.), *Coaching for Rational Living*. Springer: Cham. https://doi.org/10.1007/978-3-319-74067-6_17

David, D., Sava, F.A. (2015). Designs for studying mediation. In R. Cautin and S. Lilienfeld (Eds.), *Encyclopedia of Clinical Psychology*. Hoboken, NJ: Wiley-Blackwell. <https://doi.org/10.1002/9781118625392.wbecp516>

Books published in Romania by leading national publishers (A2 CNATDCU)

Sava, F.A. (2013). *Psihologia validată științific. Ghid practic de cercetare în psihologie*. Iași: Editura Polirom.

Sava, F.A. (2011/2004). *Analiza datelor în cercetarea psihologică*. 2nd edition. Cluj-Napoca: Editura ASCR.

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Sava, F.A. (2026). Intervenții de scurtă durată. Interviu motivațional. În C.M. Dindelegan (coord.). *Adicții. Evaluare și intervenție*. Cluj-Napoca: ASCR.

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Toma, R.A., Sava, F.A., Visu-Petra, L. (2025). Aspecte ale psihologiei judiciare în România: educație și cercetare. O privire selectivă În Toma, R.A. și Sava, F.A. (coord). *Fundamentele psihologiei judiciare*. Iași: Polirom.

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Articles not indexed in Web of Science or Scopus (selection)

- Botgros, A.I., Sava, F.A., Rusu, A. (2023). Affective and social markers of Romanian mainstream and nationalist-oriented news media's discourse pattern. *Revista de Psihologie*, 69(1), 59-69.
- Neguț, A., Matu, S. A., Sava, F. A., & David, D. (2015). Convergent validity of virtual reality neurocognitive assessment: a meta-analytic approach. *Erdelyi Pszichologiai Szemle= Transylvanian Journal of Psychology*, 16(1), 31-55 (PsycInfo, Ebsco, ProQuest).
- Măgurean, S., Vîrgă, D., & Sava, F. A. (2014). Implicit and explicit personality assessment in the context of personnel selection. *Psihologia Resurselor Umane*, 12(1), 24-33 (PsycInfo, DOAJ)
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- Maricuțoiu, L.P., Sava, F.A. (2012). Evidence-based practice in occupational health psychology. Current status and further developments. *Romanian Journal of Applied Psychology*, 14 (1), 24-28. (Ebsco, DOAJ).
- Rusu, S., Maricuțoiu, L.P., Macsinga, I., Vîrgă, D., & Sava, F.A. (2012). Evaluarea personalității din perspectiva modelului Big Five. Date privind adaptarea chestionarului IPIP-50 pe un eșantion de studenți români. *Psihologia Resurselor Umane*, 10(1), 39-56 (PsycInfo, Ebsco).
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- Sava, F.A., Maricuțoiu, L.P. (2008). PowerStatim 1.0 - un nou program statistic de calcul a mărimii efectului și a puterii statistice. *Psihologia Resurselor Umane*, 6, 109-113. (Indexed in PsycInfo)
- Negrei, N., Sava, F.A. (2007). Adaptarea inventarului stilurilor de atașament la adulți pe populație românească. *Revista de Psihologie Sociala*, 18, 155-172 (Indexed in CEEOL)
- Sava, F.A. (2003). Puterea statistica si testarea ipotezelor. *Psihologia Resurselor Umane*, 1(2), 28-34. (Indexed in PsycInfo)
- Sava, F.A. (2003). Eșecul de autoreglare comportamentală. O abordare teoretică. *Revista de Psihologie Sociala*, 11, 116- 135.
- Sava, F.A. (2002). The role of debate in countries with emerging democracies. A case study of Romania. *Speaker and Gavel*, 39, 42 - 49.

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- Sava, F.A., Crișan, I. (2022). Testul de memorie a obiectelor și cifrelor și examinarea falsificării performanței mnezice. *MODEMM*. Timișoara: ArtPress
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- Sava, F.A. (2011/2008). *Inventarul de personalitate DECAS*. 2nd edition. Timișoara: ArtPress.
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- Sava, F.A., Maricuțoiu, L.P. (2007). *Manual de utilizare a PowerStatim 1.0*. Timișoara: Editura Universitatii de Vest.
- Poenaru, R., Sava, F.A. (1998). *Didactogenia in scoală. Aspecte deontologice, psihologice si pedagogice*. București: Editura „Danubius”.

Editorial service for academic journals

- Editor-in-Chief, *Romanian Journal of Applied Psychology* (Scopus), 2009-2023.
- Editorial Board member, *Personality Science*, 2021-present.
- Editorial Board member, *European Journal of Personality* (WoS, Q1), 2020-2022.
- Reviewer for more than 30 Web of Science journals, including:
- Clinical: *Journal of Experimental Psychiatry and Behavioral Therapy*; *Journal of Psychopathology and Behavioral Assessment*; *International Journal of Cognitive Therapy*; *Journal of Rational-Emotive and Cognitive-Behavior Therapy*; *Clinical Psychology & Psychotherapy*.
- Social: *Journal of Personality*; *European Journal of Personality*; *Social Cognition*; *European Journal of Social Psychology*; *Personality & Social Psychology Bulletin*.
- Multidisciplinary/general: *PLOS ONE*; *Collabra: Psychology*; *Learning and Individual Differences*.

Edited books

- Toma, R.A., & Sava, F.A. (Eds.) (2025). *Fundamentele psihologiei judiciare*. Iași: Editura Polirom.
- Popa, C., Sava, F.A., David, D. (Eds.) (2018). *Psihoterapiile cognitive și comportamentale în tulburările de personalitate*. București: Editura Trei.
- Sava, F.A. (Ed.) (2011). *Metode implicite de investigare a personalității*. Iași: Editura Polirom.

RESEARCH PROJECTS

Selection	Projects in which I served as coordinator/co-investigator and which had a budget exceeding EUR 100,000. The list also includes the associated H2020 support grant detailed below.
October 2020 - September 2023	International competitions Learning in emotionally vulnerable people (LEARNVUL) Horizon 2020 - H2020-WIDESPREAD-2010-5, Twinning. Research Executive Agency, Grant No. 952464. • Total grant: EUR 900,000; budget for West University of Timișoara: EUR 370,000. • Institutional role: coordinator. Partners: University of Milano-Bicocca (Italy), Ghent University (Belgium). • Individual role: Principal Investigator (Project Manager). Joint competitions: Romanian and international partners Social inclusion of LGBT people: public attitudes and evidence-based interventions to improve quality of life EEA & Norway Grants; EEA Financial Mechanism 2014-2021 and Norwegian Financial Mechanism. UEFISCDI, Collaborative Research Projects, RO-NO-2019-0412, Grant No. 17/2020. • Total grant: RON 3,632,305.64 (EUR 751,750); UVT budget: RON 2,115,874.20 (EUR 437,906). • Institutional role: coordinator. Partner: University of Bergen (Norway). • Individual role: Principal Investigator (Project Manager). National competitions Mental health in a rapidly changing society: a multilevel approach, from genes and molecules to brain networks and psychosocial systems PNCDI IV - Challenges. Partnerships for the Strategic Agenda - Centres of Excellence. UEFISCDI, PN-IV-P6-6.1-CoEx-2024-0139, Grant No. 15CoEx/2026. Duration: five years. • Total grant: RON 85,900,000 (EUR 16,520,000); budget for West University of Timișoara: RON 5,950,000 (EUR 1,145,000). • Individual role: Principal Investigator (P3-UVT Coordinator).
September 2020 - April 2024	How does the blue sky turn grey? Examining the sensitivity of individuals high in neuroticism to negative stimuli in affective learning PNCDI III - Fundamental and Frontier Research; Exploratory Research Projects (PCE), Ideas. UEFISCDI, PN-III-P4-ID-PCE-2020-1964, Grant No. PCE 138/2021. • Total grant for West University of Timișoara: RON 1,197,351.00 (EUR 245,000). • Individual role: Principal Investigator (Project Manager).
June 2026 - Present	Learning in emotionally vulnerable people (support following the successful H2020 grant) PNCDI III - Support for European and International Cooperation. UEFISCDI, PN-III-P3-3.6-H2020-2020-0106/687/, Grant No. 27/2021. • Total grant for West University of Timișoara: RON 180,264.00 (EUR 36,650). • Individual role: Principal Investigator (Project Manager).
January 2021 - December 2023	Causal mechanisms in attitude formation and change through affective conditioning PNCDI II - Fundamental and Frontier Research; Exploratory Research Projects (PCE), Ideas. UEFISCDI, PN-II-ID-PCE-2012-4-0621, Grant No. PCE 91/2013. • Total grant for West University of Timișoara: RON 1,083,329.00 (EUR 251,937). • Individual role: team member and co-investigator.
January 2021 - September 2023	Changing implicit cognitions: an evidence-based approach PNCDI II - Human Resources, Young Teams competition. UEFISCDI, PN-II-IRU-TE0-2011-3-0230, Grant No. 114/2011. • Total grant for West University of Timișoara: RON 687,500.00 (EUR 156,250). • Individual role: Principal Investigator (Project Manager).
October 2013 - September 2016	Implicit measures of personality PNCDI II - Fundamental and Frontier Research; Exploratory Research Projects (PCE), Ideas. UEFISCDI, PN-II-PCE-2008, CNCS Code 1076. • Total grant for West University of Timișoara: RON 500,000.00 (EUR 118,250). • Individual role: Principal Investigator (Project Manager). Institutional projects Development/adaptation of psychological testing instruments and psychological support Contract awarded through public competition for implementation of CPCI - Increasing institutional performance and quality by improving psychological assessment and support in the judicial system (SIPOCA). • Total budget: RON 7,949,400. • Individual role: Scientific Coordinator.
January 2012 - September 2014	Career counselling and professional psychology services POSDRU 2007-2013, ID: POSDRU/161/2.1/G/136958; SIMS code: 5133. Funder: CNDIPT-POSDRU. • Total budget: RON 2,112,760 (approximately EUR 481,000). • Individual role: Project Manager.
January 2009 - December 2011	Graduate competencies and employers' needs: action research for labour market integration POSDRU 2007-2013, 18/1.2/G/28335. Funder: OI-POSDRU. • Individual role: Project Manager.
March 2024 - December 2024	
August 2014 - September 2015	
July 2010 - June 2012	

HONOURS AND RECOGNITION

May 2016 - Present	National appointments and administrative service Member of the National Council for the Attestation of University Titles, Diplomas and Certificates (CNATDCU) • 2024-present: Chair of Commission 28 - Psychology, Educational Sciences, Physical Education and Sport; member of the CNATDCU General Council. • 2020-2024: Chair of Commission 28 - Psychology, Educational Sciences, Physical Education and Sport; member of CNATDCU Panel 4 (Social Sciences). • 2016-2020: Chair of Commission 28 - Psychology, Educational Sciences, Physical Education and Sport; member of the CNATDCU General Council.
October 2017 - Present	Executive Committee member, Romanian Psychological Association Secretary General since 2026.
June 2022 - Present; 2005-2009	Board member, Romanian College of Psychologists
May 2009 - December 2013	Member of the Social Sciences Commission National Council for Scientific Research (CNCS).
September 2025 - Present	Expert in the working group appointed by Note No. 11411, Annex 33 (Psychology) Development of a new upper-secondary psychology curriculum: common core and specialised curriculum.
October 2021 - Present	Expert in the working group appointed by Ministerial Order No. 5495/27.10.2021 Development of a new methodology for funding university research; development of the university meta-ranking.
December 2015 - June 2016	Expert in the working group appointed by Ministerial Order No. 5964/11.12.2015 Development of a procedure for quality assurance of doctoral theses and research ethics. Report
July 2014 - July 2022	International appointments and administrative service Executive Committee member, European Association of Personality Psychology • July 2016-July 2022: elected Executive Committee member. • July 2014-June 2016: ex officio Executive Committee member as lead organiser of the 16th European Conference on Personality, Timișoara.
March 2019 - March 2024	Romanian representative on the EFPA Research Board European Federation of Psychologists' Associations; the board brings together 38 countries.
December 2018 - December 2020	Visiting Professor (contract appointment) University of Milano-Bicocca, Italy. • Teaching the Cost-Effectiveness Analysis of Psychological Interventions module in an English-language master's programme.
November 2017	Awards Local award: Best Researcher in Social and Political Sciences West University of Timișoara. Award value: RON 5,000.
November 2009	National award: second place, University Professor of the Year Education Awards Gala, Dinu Patriciu Foundation. Award value: EUR 5,000.
October 2009	Local award: Best Young Researcher West University of Timișoara.
2016	Other recognition Named among the ten Romanian psychology researchers with the greatest international visibility, in an analysis by Dobrea and colleagues at Babeș-Bolyai University, Cluj-Napoca.
2011	Ranked third by the Ad Astra Association for international visibility among Romanian researchers in psychology, based on the 2002-2011 period.
MEMBERSHIPS	American Psychological Association, since 2020. European Association of Personality Psychology, since 2014. Romanian Psychological Association, since 2004. Romanian College of Psychologists, since 2005.
REFERENCES	Further references may be obtained from: Professor Marco Perugini, University of Milano-Bicocca (Italy). Google Scholar profile Professor Jan De Houwer, Ghent University (Belgium). Google Scholar profile Professor Brian Keith Payne, University of North Carolina at Chapel Hill (USA). Google Scholar profile Professor Daniel Ovidiu David, Babeș-Bolyai University, Cluj-Napoca (Romania). Google Scholar profile