

Curriculum Vitae – Europass

Personal Information

Surname / First name: Ceapă Cristina Lavinia

Address: 4 Vasile Pîrvu Boulevard, Timișoara, Romania

Email: cristina.ceapa@e-uvt.ro

Nationality: Romanian

Date of birth: 31 August 1982

Gender: Female

Professional Experience

2008 – present: Assistant Professor (PhD), Department for Teacher Training, West University of Timișoara

2006 – March 2008: University Teaching Assistant, Department for Teacher Training, West University of Timișoara

2005 – 2006: University Teaching Assistant, Faculty of Sociology and Psychology, Educational Sciences specialization

2004 – 2005: University Teaching Assistant, University College for Teacher Training, West University of Timișoara, Lugoj

Main activities and responsibilities:

Educational Psychology

Adolescent, Youth and Adult Psychology

Didactics of Teaching Psychology

Pedagogical Practice / Teaching Practice

Preparation of the academic timetable for the undergraduate programme

Employer:

West University of Timișoara – Department for Teacher Training

Education and Training

2026 – Professional training course in Psycho-oncology, Association Confident for Personal and Professional Development

2025 – 5th National ACT Conference: Values, Community, Connection

2024 – 4th National ACT Conference: Values, Community, Connection

2023 – 3rd National ACT Conference: Values, Community, Connection

2023 – Training course: Anxiety Therapy – Effective Intervention

2020–2021 – Teaching & Learning Brand – Reflective & Collaborative Learning into Action 2.0 (CNFIS-FDI-2022-0489)

2020–2021 – Postgraduate professional development program for teaching competences (POCU/124874)

2020 – Workshop: Therapy of Traumatic Memories in Patients with Complex Trauma and Dissociation

2019 – Training: Anxiety and Depressive Disorders in Adults – Case Conceptualization and Psychotherapeutic Intervention

2017 – Workshop: Psychological Trauma in Children, Institute for the Study and Treatment of Trauma, Bucharest

2014–2015 – UNIVERSITARIA program – School of University Didactics and Advanced Scientific Research

2012–2015 – Psychotherapy training in Clinical Hypnosis, Relaxation and Ericksonian Therapy

2007–2012 – PhD in Psychology – Alexandru Ioan Cuza University, Iași

2004–2006 – Master's Degree: Techniques and Skills for Community Intervention, West University of Timișoara

2000–2004 – Bachelor's Degree in Psychology, West University of Timișoara

Qualifications

PhD in Psychology

Master's Degree in Psychology

Bachelor's Degree in Psychology

Licensed Psychotherapist

Clinical Psychologist (under supervision)

Psycho-oncologist

Language Skills

Mother tongue: Romanian

Foreign language: English

Listening: C1 | Reading: C1 | Spoken interaction: B2 | Spoken production: B2 | Writing: B1

Social Skills and Competences

Ability to build effective interpersonal relationships

Empathy

Communication skills and active, assertive listening

Organisational Skills and Competences

Efficient task organization for groups of 20–30 students during seminars

Ability to structure interview guides and questionnaires for therapeutic or evaluation purposes

Active listening and problem-solving skills developed through psychotherapy training

Computer Skills

Microsoft Word, Excel, Internet

Publications

Physically Strong Men Are More Militant: A Test Across Four Countries, Evolution and Human Behavior, 2017

A General Perspective on the Impact that Religious and Spiritual Beliefs Have While Adapting to Neoplastic Disease, Agora Psycho-Pragmatica, 2017

Impact of Burnout on Students' Academic Performance, Education from the Perspective of Values – Summa Paedagogica, 2017

Social Perception of Cancer and Its Impact on the Quality of Life of Cancer Patients in Romania, Agora Psycho-Pragmatica, 2016

The Meaning of Life After Cancer Diagnosis, The Power to Be Different, 2014

Spiritual Vulnerability and the Impact of Illness, Annals of the West University of Timișoara, 2010

Expert in Funded Projects

CNFIS-FDI2022-0489 – Trainer, 2022

UVT Teaching & Learning Brand – Reflective & Collaborative Learning into Action – Teaching Training Expert, 2021

Together Universities and Employers – Innovative Educational Programs (POCU/320/6/21/121030) – Student Training Expert, 2020

Together Universities and Employers – Innovative Educational Programs – Learning Expert, 2019

FDI-0460 Teaching and Learning Brand UVT – Reflective and Collaborative Learning into Action, 2018

Integrated Socio-Educational Services for Increasing Student Retention – SSEI-FEAA Project, 2018

CONPRACTIS – Counseling and Personal and Professional Development, 2015

Practice for the Future – Supervisor, 2009–2013

Facilitation in Education – Trainer, 2010