



**Curriculum vitae  
Europass**

**PERSONAL INFORMATION**

|                |                                                                  |
|----------------|------------------------------------------------------------------|
| Name / Surname | Cîndea Adela Claudia                                             |
| Telephone      |                                                                  |
| E-mail         | <a href="mailto:adela.cindea@e-uvt.ro">adela.cindea@e-uvt.ro</a> |
| Nationality    | Romanian                                                         |
| Date of birth  | 09.12.1974                                                       |
| Gender         | Female                                                           |



**WORK EXPERIENCE**

|                                      |                                                                                                                                                                |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Period                               | 2016 – Present                                                                                                                                                 |
| Occupation or position held          | Associate Professor PhD                                                                                                                                        |
| Main activities and responsibilities | Teaching courses in: Educational Psychology, Pedagogy I & II, Subject Didactics (Psychology), Pedagogical Practice, and Classroom Management.                  |
| Name and address of employer         | West University of Timișoara, Department for Teacher Training (DPPD), Blvd. Vasile Pârvan, No. 4, Timișoara.                                                   |
| Type of business or sector           | Education, Higher Education                                                                                                                                    |
| Period                               | 2009 – 2016                                                                                                                                                    |
| Occupation or position held          | Lecturer PhD                                                                                                                                                   |
| Main activities and responsibilities | Teaching courses in: Educational Psychology, Pedagogy I & II, Subject Didactics (Psychology), Classroom Management, Pedagogical Practice, and Field Didactics. |
| Name and address of employer         | West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara.                                                                                     |
| Type of business or sector           | Education, Higher Education                                                                                                                                    |
| Period                               | October 2006 – 2009                                                                                                                                            |
| Occupation or position held          | PhD Student University Lecturer                                                                                                                                |
| Main activities and responsibilities | Teaching courses in: Educational Psychology, Pedagogy, Didactics of Psychology, and Didactics of Special Psychopedagogy within the Rural Education Project.    |
| Name and address of employer         | West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara.                                                                                     |
| Type of business or sector           | Education, Higher Education                                                                                                                                    |

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|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Period                               | Oct. 2005 - Sept. 2006                                                                                                                                                             |
| Occupation or position held          | Substitute University Lecturer (PhD candidate)                                                                                                                                     |
| Main activities and responsibilities | Coordination of pedagogical internships, teaching courses in: School Psychology, Special Psychopedagogy, Research Methodology, Education for children with SEN, General Psychology |
| Name and address of employer         | West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara<br>University College Department for Teachers                                                            |
| Type of business or sector           | Education, Higher Education                                                                                                                                                        |
| Period                               | Mar. 2002 - Sept. 2005                                                                                                                                                             |
| Occupation or position held          | Assistant Professor (PhD candidate)                                                                                                                                                |
| Main activities and responsibilities | Coordination of pedagogical internships, conducting seminars for the General Psychology discipline                                                                                 |
| Name and address of employer         | West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara ,<br>University College Department for Teachers                                                          |
| Type of business or sector           | Education, Higher Education                                                                                                                                                        |
| Period                               | Oct. 2001 - Mar. 2002                                                                                                                                                              |
| Occupation or position held          | Substitute Assistant Professor                                                                                                                                                     |
| Main activities and responsibilities | Coordination of pedagogical internships, conducting seminars for the General Psychology discipline                                                                                 |
| Name and address of employer         | West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara ,<br>University College Department for Teachers                                                          |
| Type of business or sector           | Education, Higher Education                                                                                                                                                        |
| Period                               | Mar. 2000 - Sept. 2001                                                                                                                                                             |
| Occupation or position held          | University Teaching Assistant                                                                                                                                                      |
| Main activities and responsibilities | Coordination of pedagogical internships, conducting seminars for the General Psychology discipline                                                                                 |
| Name and address of employer         | West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara ,<br>University College Department for Teachers                                                          |
| Type of business or sector           | Education, Higher Education                                                                                                                                                        |
| Period                               | Oct. 1998 - Mar. 2000                                                                                                                                                              |
| Occupation or position held          | Substitute University Teaching Assistant                                                                                                                                           |
| Main activities and responsibilities | Coordination of pedagogical internships, conducting seminars for the General Psychology discipline                                                                                 |
| Name and address of employer         | West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara ,<br>University College Department for Teachers                                                          |

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|--------------------------------------|---------------------------------------------------|
| Period                               | Sept. 1995 - Aug. 1998                            |
| Occupation or position held          | Primary School Teacher                            |
| Main activities and responsibilities | Carrying out instructional-educational activities |
| Name and address of employer         | School with Grades I-VIII No. 22 Timișoara        |
| Type of business or sector           | Education, Primary education                      |

|                                      |                                                   |
|--------------------------------------|---------------------------------------------------|
| Period                               | Sept. 1994 - Aug. 1995                            |
| Occupation or position held          | Primary School Teacher                            |
| Main activities and responsibilities | Carrying out instructional-educational activities |
| Type of business or sector           | Education, Primary education                      |

### Education and training

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|----------------------------------|------------------------------------------|
| Period                           | 2020-2022                                |
| Qualification / diploma obtained | Systemic Family Therapy training courses |

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|---------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Period                                            | 2021                                                                                                                            |
| Qualification / diploma obtained                  | Postgraduate studies graduation - Teaching and learning in the university environment – an approach based on empirical evidence |
| Name and type of organization                     | West University of Timișoara                                                                                                    |
| Level in national or international classification | Level 6                                                                                                                         |

|                                                   |                                                                                                         |
|---------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Period                                            | 2015                                                                                                    |
| Qualification / diploma obtained                  | Postgraduate studies graduation: University Didactics and Psychopedagogy / Advanced Scientific Research |
| Name and type of organization                     | West University of Timișoara                                                                            |
| Level in national or international classification | Level 6                                                                                                 |

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|---------------------------------------------------|-----------------------------------------------|
| Period                                            | 13-16.10.2015                                 |
| Qualification / diploma obtained                  | Trainer certification in „Circle of Security” |
| Name and type of organization                     | Circle of Security International              |
| Level in national or international classification | Level 6                                       |

|                                  |                                                                                                                                            |
|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| Period                           | 24-27.06.2011                                                                                                                              |
| Qualification / diploma obtained | Certificate of Good Practices regarding European university educational systems                                                            |
| Name and type of organization    | Paris-Sorbonne University, École Nationale d'Administration de Paris, National Agency of Public Servants                                   |
| Period                           | Oct. 2003 - Nov. 2009                                                                                                                      |
| Qualification / diploma obtained | PhD in Educational Sciences; Doctoral thesis: „Educational Alternatives - Step by Step Pedagogy”, coordinated by Prof. Univ. Dr. Emil Păun |
| Name and type of organization    | University of Bucharest, Faculty of Psychology and Educational Sciences                                                                    |
| Level in classification          | Level 6                                                                                                                                    |
| Period                           | Oct. 1999 - Jul. 2000                                                                                                                      |
| Qualification / diploma obtained | Community Psychologist / Postgraduate Diploma                                                                                              |
| Main subjects / skills covered   | Specific competencies for community intervention                                                                                           |
| Name and type of organization    | West University of Timișoara, Faculty of Psychology                                                                                        |
| Level in classification          | Level 6                                                                                                                                    |
| Period                           | Oct. 1994 - Jul. 1998                                                                                                                      |
| Qualification / diploma obtained | Psychologist / Bachelor's Degree                                                                                                           |
| Main subjects / skills covered   | Psychology                                                                                                                                 |
| Name and type of organization    | West University of Timișoara, Faculty of Sociology and Psychology                                                                          |
| Level in classification          | Level 5                                                                                                                                    |
| Period                           | Sept. 1989 - Jun. 1994                                                                                                                     |
| Qualification / diploma obtained | Primary School Teacher                                                                                                                     |
| Main subjects / skills covered   | Didactic competencies                                                                                                                      |
| Name and type of organization    | Pedagogical High School Timișoara                                                                                                          |
| Level in classification          | Level 3                                                                                                                                    |

## Personal skills and competences

Mother tongue(s)

Romanian

Other language(s)

English

English self-assessment

English

| Understanding |            |         |            | Speaking           |            |                   |            | Writing |            |
|---------------|------------|---------|------------|--------------------|------------|-------------------|------------|---------|------------|
| Listening     |            | Reading |            | Spoken interaction |            | Spoken production |            | Writing |            |
| A1            | Basic user | A1      | Basic user | A1                 | Basic user | A1                | Basic user | A1      | Basic user |

Social skills and competences

Teamwork skills, training experience, tutoring skills; Good communication, socialization, and empathic capacities; Skills acquired through classroom teaching activities

Organisational skills and competences

Planning and organizing events, acquired through teaching and non-formal activities

Technical skills and competences

Operating systems: Windows XP, Vista, and Microsoft Office; Other applications: MS Word, Excel, PowerPoint, Adobe, G-Suit, Google Docs, Classroom, SPSS, QuestionPro; Ability to use computers and other teaching aids (video projector) acquired during teaching and training courses

Computer use skills

Computer literacy acquired during university and teaching activities, including use of didactic aids; Systems: Windows, MS Office, Google Docs, Classroom, SPSS, etc.

Driving licence

Category B driving licence

## Additional Information

### - Mobilities

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- 24-27 June 2011 - University of Paris - Sorbonne and Ecole Nationale D'Administration Paris - excellence training program "Excellence in the European University System" 19-21 December 2010 - Vienna, exchange of experience "Promoting European cooperation in the field of education"
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### - Accreditation of the following training programs at DFCPIP:

- Facilitating the teaching career,
- Interactive methods of knowledge,
- Design and implementation of the competence-centered curriculum.
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### - Accreditation of the following training programs at ANC:

- Competence to learn
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### - Experience in educational research/development projects

- May 2026 – Specialization Expert in the “Education for Your Academic Future – EVA” Project
- May 2025 - present: Senior expert in socio-emotional competence training - Reflective-collaborative professionals: an integrated system of workplace learning and complementary activities, based on the principles of integrating theory with practice and using evidence in the decision-making process", Code MySMIS2021+:311901.
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- 5.09.2020 - 4.08.2021: Learning expert within "Together universities and employers. An integrated system of innovative educational programs" POCU/320/6/21/121030
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- 12.07 - 31.07.2021: Documentation referent within "Together universities and employers. An integrated system of innovative educational programs" – POCU/320/6/21/121030
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- 1.07. - 11.12.2020: Specialty expert within "UVT teaching & learning brand - Implementation of the integrated quality assurance system of the teaching process in UVT" CNFIS-FDI-2020- 0274/0295
- 
- 27.05. - 12.12.2019: Academic strategy expert/career counselor, within FDI 0153/2019
- 
- 8.04 - 30.09.2019: DPPD trainer, within "Educational and Networking Toolson development of Authentic Performance for professional integration" (eMS RORS-215)
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- 2018: Project team member - "Find your way to UVT: Increasing the chance of access for students from disadvantaged backgrounds to higher education through

- counseling and career guidance services (GoToUVT)". Project CNFIS-FDI-2018-0186
- 
- 2018-2019: Project team member - ROSE: INTEGRATED SOCIO-EDUCATIONAL SERVICES OFFERED BY FEAA TO INCREASE STUDENT RETENTION - SSEI-FEAA, Grant agreement: 52/SGU/NC/I/23.11.2017
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- May 2014 – November 2015: Project team member, "UNIVERSITARIA – School of university didactics and advanced scientific research", Project ID: POSDRU 157/1.3/S/135590, beneficiary West University of Timișoara Priority Axis 1, area of intervention 1.3.1. 10.2013-30.06.2014 Participation in the CiCe project Erasmus Academic Network, nr. 517961-LLP-1-UK-2011-1- UK
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- **2010 – January 2013:** Training program expert in the project "Professionalization of teaching careers – new competences for agents of change in education in Caraș Severin and Mehedinți counties"; the beneficiary is ISJ Caraș Severin with partners CCD Caraș Severin, ISJ Mehedinți, CCD Mehedinți, and DPPD within the West University, area of intervention 1.3., ID 62421;
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- **2010 – 2013:** Expert, organizing coordinator in the project "Your practice for the education of the future!", beneficiary DPPD UVT, co-financed through the Sectoral Operational Program for Human Resources Development, Priority Axis 2, area of intervention 2.1., ID 33675;
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- **2010-2013:** Educational expert, trainer in the project "Professional facilitation for efficient training quality," beneficiary DPPD UVT, co-financed through the Sectoral Operational Program for Human Resources Development, Priority Axis 1, major area of intervention 3.1., ID 31271;
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- **2007-2008:** Volunteer involvement in the international project proposed by Iowa State University, titled "Media impact on violence among youth";
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- **2007-2008:** Volunteer involvement in the international project proposed by the Center for Evolutionary Psychology, Santa Barbara, titled "Studies and research in evolutionary psychology."
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- **Affiliations/ Training**
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- **2014-:** Member of the Romanian College of Psychologists as an autonomous Senior Psychologist in the field of educational psychology, school and vocational counseling;
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- **October 2019 - July 2021:** Long-term professional training in systemic family psychotherapy within the CRISDU Areopagus Association;
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- **Scientific reviewer** at Eurostampa publishing house, starting 29.05.2013;
- **July 3-8, 2001**: Participation in the training internship for university methodologists, certifying the acquisition of competences in improving pupil/student learning and in the use of the PowerPoint program;
- **1994**: Training internship in Waldorf Pedagogy, Suceava;
- **1995**: Training internship in Waldorf Pedagogy, Cluj.
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- **Administrative Activity**
- **October 2017 – present**: Responsible for organizing the 2nd teaching degree within UVT, coordinated by DPPD;
- **2008 – present**: Member of the Board of Directors of DPPD- UVT; Participation in committees for filling the position of university lecturer.
- Participation, starting from 2009, as a coordinator and president within the committees for awarding the 1st teaching degree, and as an evaluator and president in committees for awarding the 2nd teaching degree