

PERSONAL INFORMATION

Ștefan Marian



 Timișoara, România

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Sex Male

Date of birth 11/10/1995

Nationality Romanian and Moldavian

BrainMap <https://www.brainmap.ro/stefan-marian>

ORCID 0000-0003-1133-8384

WORK EXPERIENCE

- | | |
|-------------------------|--|
| 01/03/2024 - present | Assistant professor
West University of Timișoara
Carrying scientific research, support for research done in the department
Research and education |
| 15/03/2020 – 15/03/2023 | Research assistant
West University of Timișoara
Carrying scientific research, support for research done in the department
Research and education |
| 28/03/2018 – 05/11/2019 | Data processor
Dynata
Data checking, delivering data
Data processing |
| 01/11/2014 – 01/07/2017 | Volunteer
Association of Psychology and Sociology Students from Timișoara
Organizing events, administrative tasks
NGO |

EDUCATION AND TRAINING

- | | |
|-------------------------|--|
| 01/11/2020 - present | Training in Cognitive-Behavioural Psychotherapy
Romanian Association of Cognitive-Behavioural therapy (artcc.ro) |
| 01/10/2019 – 18/10/2023 | Psychopedagogical training
Teaching and Learning Brand UVT |
| 01/10/2018 – 01/07/2019 | Psychopedagogical training
DPPD level 1 |
| 01/10/2019 – 18/10/2023 | PhD in Psychology
West University of Timișoara |

01/10/2017 – 01/07/2019 **Master's in clinical psychology and Psychotherapy**
West University of Timișoara

01/10/2014 – 01/07/2017 **Bachelor's in psychology**
West University of Timișoara

PERSONAL SKILLS

Mother tongue(s) ROMANIAN

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
	C2				
French	B2	C1	B1	B1	B2
	C1				
Russian	C2	C2	B2	B2	B2
	C1				
Ukrainian	A2	A2	A1	A1	-
	C1				

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
Common European Framework of Reference for Languages

Computer skills

Microsoft Excel (advanced)
Microsoft Word (intermediate)
Microsoft PowerPoint (intermediate)
Google Suite – Docs, Sheets, Presentation, Forms (intermediate)
Inquisit 6 (advanced) – limbaj de programare pentru experimente comportamentale computerizate
SPSS (intermediate) – program pentru analiza și prelucrarea datelor
R (advanced) – limbaj de programare pentru analiza și prelucrarea datelor
Python (familiar)
HTML (familiar)
REGEX (familiar)
BIOPAC systems

Driving licence B

ADDITIONAL INFORMATION

Publications and book chapters

Marian, Ș. & Maricuțoiu, L. (2022). Analiza de rețea pe variabile psihologice. In Diaconu-Gherasim, R. L., Mairean, C., Curelaru, M., (Eds.), *Metode de cercetare cantitativă: Design-uri și aplicații în științele sociale*. POLIROM.
Marian, S., Sava, F. A., & Dindelegan, C. (2022). A network analysis of DSM-5 avoidant personality disorder diagnostic criteria*. *Personality and Individual Differences*, 188. <https://doi.org/ARTN11145410.1016/j.paid.2021.111454>

Last updated: **September 15th, 2026**

- Marian, S., Costantini, G., Macsinga, I., & Sava, F. A. (2023). The Dynamic Interplay of Anxious and Depressive Symptoms in a Sample of Undergraduate Students. *Journal of Psychopathology and Behavioral Assessment*, 45(1), 150-159.
<https://doi.org/10.1007/s10862-022-10014-8>
- Marian, Ș., & Sava, F. A. (2023). Identifying Central Negative Thoughts Using Experience Sampling and Network Analysis. *Cognitive Therapy and Research*.
<https://doi.org/10.1007/s10608-023-10400-w>
- Tulbure, B. T., Dudău, D. P., Marian, Ș., & Watkins, E. (2025). An Internet-Delivered Rumination-Focused CBT Intervention for Adults with depression and Anxiety: a randomized controlled trial. *Behavior Therapy*, 56(4), 785–798.
<https://doi.org/10.1016/j.beth.2024.12.004>
- Marian, Ș., Crișan, I., Varga, Ș. S., & Isbășoiu, A. B. (2026). Romanian Adaptation and Validation of the Multidimensional Psychological Flexibility inventory. *Evaluation & the Health Professions*, 1632787261430842.
<https://doi.org/10.1177/01632787261430842>
- Popa, C. O., Schenk, A., Cojocaru, C. M., Gyorgy, M., Sava, F. A., Marian, Ș., Popoviciu, H., & Szasz, S. (2025). A transdiagnostic approach in psychodiagnosis: The Romanian Adaptation of the Process-Based Assessment Tool (PBAT). *Behavioral Sciences*, 15(12), 1697. <https://doi.org/10.3390/bs15121697>
- Alexa, L. M., Rusu, A., & Marian, Ș. (2026). Mapping Generation Z's Stereotypes on Mental Disorders: Insights from Psychological Network Analysis. *Collabra Psychology*, 12(1). <https://doi.org/10.1525/collabra.15584>
- Work in progress** Marian, Ș., Hughes, S., Costantini, G., Rusu, A., Romano, D., Iliescu, D., Sava, F. A. (2023). *Using evaluative conditioning to intervene on specific nodes in a network of personality traits*. Unpublished manuscript. Pre-registered at <https://osf.io/7bwef>
- Marian, Ș., Sava, F. A. (2026). *Idiographic Network Analysis of Negative Automatic Thoughts, Depression, and Anxiety: Implications for Personalized Cognitive Restructuring*. Unpublished manuscript.

PROJECTS

Year	Description - Role
2026 - present	Post-doctoral researchers in the project "Precision mental health services: enhancing psychotherapy effectiveness for vulnerable populations" or PRECISE-CARE (PN-IV-PCB-RO-MD-2024-0547 ctr. 58PCBROMD/2025)
2025	Post-doctoral researchers in the project „Optimizarea intervențiilor parentale digitale pentru ADHD: o abordare din perspectiva analizei de rețea” PN-IV-P2-2.1-TE-2023-0894, număr contract 68TE/08.01.2025
2020-2024	Member researcher in the European Union's Horizon 2020 research and innovation programme under the grant agreement No. 952464
2021-2023	Member researcher in the Exploratory Research Projects - 2020 Call under the registration code PN-III-P4-ID-PCE-2020-1964