

**Curriculum vitae
Europass**



Personal info

Name **MACSINGA IRINA**

Adress

Phone

Fax

E-mail irina.macsinga@e-uvt.ro

Nationality Romanian

Birthday date 21.06.1969

Sex Female

Work **West University of Timișoara, Faculty of Sociology and Psychology, Department of Psychology**

Professor PhD

Professional experience

Period **1995-1996**

- Work place
- Responsibilities
- S.C.Pasmatex S.A Timisoara –organizational psychologist
 - Personnel selection
 - Training (Emotional intelligence, Social skills development, Communication skills, Motivational Techniques, s.a.)
 - Job analysis
 - Personal and professional development, communication techniques training
 - Psychological evaluations

Adress Jiul street, no.1, Timisoara

Activity type Human Resources

Period	1997-2001
Work place	<ul style="list-style-type: none"> • Assistant in the Department of Psychology, West University of Timisoara
Responsibilities	<ul style="list-style-type: none"> • Responsible for Personality Psychology seminars • Psychological assistance for students • Publications and conferences participations • Researches in personality and educational psychology area • Training for students' academic skills development
Adress	West University of Timisoara, Blv. Vasile Parvan no. 4
Activity type	Higher education , Training, Researche
Period	2001-2007
Work place	<ul style="list-style-type: none"> • Lecturer PhD at Department of Psychology, West University of Timisoara
Responsibilities	<ul style="list-style-type: none"> • Coordinating courses • Scientific studies and articles publication • Students scientific work coordination • Coordinator for Personality Psychology, Personality Assessment and Cognitive Psychology courses • Member in scientific journals • Training activities
Adress	West University of Timisoara, Blv. Vasile Parvan no. 4
Activity Type	Research and Higher education
Period	2007- 2023
Work place	<ul style="list-style-type: none"> • Associate Professor, PhD: Department of Psychology, West University of Timisoara
Responsibilities	<ul style="list-style-type: none"> • Coordinator of <i>Personality Psychology, Personality Assessment and Cognitive Psychology</i> courses • <i>Organizational Behavior and Differential Psychology</i> courses in Organizational and Work Psychology Master • Researches and scientific activities • Studies and articles publication • Conferences participation • Scientific coordination of Psychology Students Cercle in UVT • Elaboration of Doctoral School File in Psychology • Coordinator of Public Relations and Research Department of Psychological Counseling and Career Orientation Centre in West University of Timisoara
Adress	West University of Timisoara, Blv. Vasile Parvan no. 4

Activity Type Research and Higher education

Work place **2023 - present**
Professor PhD: Department of Psychology, UVT

- Responsibilities
- Coordinator of *Personality Psychology and Cognitive Psychology* courses (BA)
 - *Organizational Behavior and Differential Psychology* course in Organizational and Work Psychology Master (MA)
 - Researches and scientific activities
 - Studies and articles publication
 - Conferences participation
 - Coordination of PhD thesis in Psychology domain

Address West University of Timisoara, Blv. Vasile Parvan no. 4

Activity Type Research and higher education

Maternal Language **Romanian**

Foreign languages

	Comprehension			Speaking			Writing		
English	Very good			Good				Good	
French	Good			Good				Good	

Social abilities and competencies extraverted, good listener, empathic, persuasive, team work ability, interpersonal communication skills, team management skills

Organizational competencies and aptitudes

- Vice-rector on Academic Strategy (2016-2018, 2024-present) and on Internationalization at West University of Timisoara (2018-2020)
- Member of the West University Senat on behalf of Psychology Department (2012-2016)
- Chairman of the Second University Senat Committee with responsibilities related to educational programmes (2012-2016)
- Board member of the Faculty of Sociology and Psychology, UVT (2012-2016)
- Member in organizing committee for the School Summer Inovative Issues in Psychologist professionalization, 2004
- Member in organizing committee for the National Conference in Organizational and Work Psychology, Timisoara, 2005
- Scientific referent for the Psychology Department, West University of Timisoara
- Member in Romanian Psychologists' Association
- Member in organizing committee for the National Conference in Psychology, Timisoara, 2008
- Scientific coordinator of Psychology Students Cercle in UVT
- Coordinator of Research Department in Psychological Consulting and Career Orientation Centre in West University of Timisoara
- Coordinator for PhD Thesis in Psychology

Technical abilities

- MS Office (Word, Excel, Power Point)
- psychosocial data base statistics (Statistical Package for Social Sciences, [SPSS],) and PowerStaTim
- Atlas.ti soft for processing data from qualitative studies

Research Abilities
(selections)

- Project manager for the project Students orientation in career – preliminary factor in career management, no. 5186 / 23.XI.1999, A.N.S.T.I., București, 1999
- Member in the research team for the project no. 5196 / 25.XI.1999, Changes in romanian organizations in transition, A.N.S.T.I., Bucuresti, 1999
- Member in research team for the grant CNCSIS type A 1363/2005, Evaluation and Development of Human Resources for romanian higher education integration in european space through Problem based Learning System implementation, 2005
- Member in the research team for the project *Validation of Informal and Non-formal Psycho-pedagogical Competencies of Adult Educators* (VINEPAC), contract no. 2006-1998 / 001-001 LE2 22ACTH, Education Audiovisual and Culture Executive Agency
- Member in the research team for *ACCED – Continuing Education for Counsellors working in Adult Education*, proiect Grundtvig - 1.1, contract nr. 225646-CP-1-2005-1-RO-Grundtvig-1.1, finanțat de Comisia Europeană, perioada de derulare 1.X.2005 – 31 IX.2007, Institutul Român pentru Educația Adulților (IREA), 2005-2007
- Project manager in the project „Cool School”, with the theme *Identificarea și evaluarea impactului factorilor care conduc la marginalizarea și excluderea socială a tinerilor aflați în situații de risc* , contract nr.180/28.02.2007, financed by Autoritatea Națională pentru Tineret, periode: 10.03.2007-30.06.2007.
- Member in the research team for the *project Implicit Measures of Personality*, project coordinator PhD associate professor Florin Alin Sava, West University of Timisoara, financed by CNCSIS, Romania, 2008-2011
- Membru în echipa proiectului IDEI (ID PN-II-ID-PCE-2012-4-0621), *Mecanisme cauzale ale formării și schimbării atitudinilor bazate pe condiționare afectiva*, 2013-2015
- Member in the research team for the project POS – DRU *Defining qualification of psychologist and sectorial descriptors of learning, in order to adapt the master programs in psychology to market's needs in Romania*, project coordinator University of Bucharest, Romania, financed by European Community, 2010-2013
- Member in the research team for the project POS – DRU *Academic community for quality management in higher education*, project coordinator University of Iasi, Romania, financed by European Community, 2010-2013
- Member in the research team for the H2020 project *Green Lifestyles, Alternative Models and Up-scaling Regional Sustainability; 2013-2016*
- Member in the research team for H2020 CONNECTING Nature Project *Coproduction with Nature for City Transitioning, Innovation and Governance*, 2017- 2022
- Member in the research team for H2020 SMARTEES Project, 2018- 2021
- Local Coordonator of WP1 in UNITA European Universities Project

Conferences
(selection)

- Participation with paper *A Differential Study on Deductive Reasonments of Managers*, National Conference of Organizational Psychology, Constanta, 1999
- Participation with paper *The Cognitive Complexity and the Reasonment involved in Decision*, European Conference of Organizational and Work Psychology, Praga, Cehia (oral session), 2001
- Participation with paper *Cognitive complexity and thinking style involved in decision – making processes*, International Workshop "Trends in Psychology of Personality", Cluj - Napoca, Romania, 2001
- Work-shop coordinator with the theme *Motivation in Organizational Context* (coauthors: lect.dr.Ramona Paloş, West University of Timisoara and psih. Adela Maricuţoiu, Siemens, VDO, Timisoara), National Conference of Organizational Psychology, Timişoara, 2005
- Work-shop coordinator with theme *The Role of HR specialist in conflict management in organizations*, (coauthors: lect.dr. Ramona Paloş, West University of Timisoara and psih. Adela Maricuţoiu, Siemens VDO, Timisoara), National Conference of Psychology, Bucureşti, 2005
- Participation with paper *How do we cheat with best intentions: the role of cognitive complexity and thinking style in decision*, (oral session), Personal Constructs Psychology Conference, Chemnitz, Germania, 2006
- Poster presentation with the theme *Percepția studenților străini asupra mediului academic românesc*, Conferința Națională de Psihologie, Cluj – Napoca, 2006
- Work-shop with the theme *Repertory Grid Test Application in Environmental Psychology*, Conferința Națională de Psihologie Environmentală (*National Environmental Psychology Conference*), Ocna Sibiului, România, 2007
- Participation with the paper *A screening of a necessary needs and competencies for the university first year induction*, Second Conference of Academic First Year Experience, Gotteborg, Suedia, 2008
- Participation with the paper *Implicit Social Cognitions in Personality Assessment: The Case of Conditional Reasoning* European Conference on Personality, 20-24 iulie 2010, Brno, Cehia
- Participation with the poster *Psychological well-being and student academic performance: the moderating role of personality*. Conference of European Health Psychology Association, Praga, 21-25 august 2012
- Invited within The 14 European Congress of Psychology (July 2015, Milan, Italy), at the invitation of behalf of prof. Benedetta Dalla Villa (Scientific Committee), with the oral presentation *The role of implicit attitudes in sustainable lifestyle's development din cadrul Symposia Supporting transitions towards sustainability in Europe: the role of environmental psychology* (convenor: prof Ricardo Garcia Mira, Universidad A Coruna, Spain)

Books & Papers
(selections)

- *Psihologia diferențială a personalității, (Differential Psychology of Personality)* Editura Universitatii de Vest, Timișoara., 2017.
- *Raționamentul deductiv – mecanisme cognitive și analiză de erori (Deductive Reasoning: Errors Analysis).*, Editura Editura UVT, Timișoara, 2007
- *Manual de tehnici și abilități academice,* (Academic Techniques and Abilities), coord. Z. Bogathy & C. Sulea, chapter „Metacognitive academic abilities”, Editura Universității de Vest, Timișoara, 2004
- *Studiu transcultural asupra validității teoriei auto-guvernării mentale,* (co-autori: Ramona Paloș și Laurențiu Maricuțoiu)., în Revista de Psihologie Aplicată, nr. 4, Editura First, Timișoara, 2004
- *Analiza descriptivă a grilei de constructe personale – aplicație în psihologia environmentală,* în Revista de Psihologie Aplicată, nr. 1-2, Editura UVT, 2005
- *Stilul de gândire și reacția la stres – aspecte diferențiale,* 14 pag., în Revista de Psihologie Aplicată, nr.3-4., Editura UVT, Timișoara, 2005
- *The Applicative Potential of Repertory Grid concerning Exploratory Research Studies in Educational Environment ,* coautor Laurențiu Maricuțoiu, in Brain, Cognition, Behavior, no. 2, iunie., Editura ASCR, Cluj-Napoca, 2007
- *Adaptation and validation of the Contingencies of Self-Worth Scale on a Romanian student sample,* co-authors Laurentiu Maricutoiu, Florin Sava, Delia Virga, Silvia Rusu, in Cognition, Brain, Behavior, vol. 16, nr.1, 121-138, Cluj-Napoca, 2012
- *More Educated, Less Irrational: Gender and Educational Differences in Perfectionism and Irrationality,* co-autor Oana Dobrita, in Romanian Journal of Applied Psychology, vol.12, no.2, 79-85, 2010
- *Romanian Adolescents Lay Theory on Mental Illness,* in Journal of Cognitive and Behavioral Psychotherapy, vol.11, nr. 2, 237-252, 2011
- *Evaluarea personalitatii din perspectiva modelului Big Five. Date privind adaptarea chestionarului IPIP-50 pe un esantion de studenti romani,* coautori Silvia Rusu, Laurentiu Maricutoiu, Delia Virga, F.A. Sava, Proceedings, Elsevier, 2012
- *Metode implicite în investigarea personalității (Implicit methods in personality assessment),* coord. Florin Sava, chapter *Conditional Reasoning Test as implicit method in personality evaluation,* Editura Polirom, Iași
- *Implicit and explicit self-esteem as predictors of irrational beliefs,* co-autori Florin A. Sava, Laurențiu P. Maricuțoiu, Silvia Rusu, Delia Virgă, in Journal of Cognitive Behavioral Psychotherapy, Cluj-Napoca, Romania, 2011
- *Lay Theories of Workplace Stress. Evidence From a Romanian Exploratory Study,* coauthor Cristina Trifa, *Human resources Psychology,* Bucuresti , 2011
- *An Inkblot for the Impicit Assessment of Personality,* co-authors Florin A. Sava, L.P. Maricuțoiu, S. Rusu, D. Virgă, Clara Cheng, Keith Payne, in *European Journal of Personality,* vol. 26, 613-628, 2012
- Maricuțoiu, L., Rusu, S., Virgă, D., Macinga, I., Sava, F.A. (2012). Images of the Self: prediction of peer-evaluations of one's personality using implicit and explicit self-assessments.

- Tripa, L., Sava, F.A., Raloş, R., Măgurean, S., & **Macsinga, I. (2020)**. Adult psychological outcomes of former left behind children in Romania. *Romanian Journal of Applied Psychology*, 22 (2), 51-58. DOI: 10.24913/rjap.22.2.04
- Marian, Şt., Constantini, G., Macsinga, I., & Sava, F.A. (2022). The Dynamic Interplay of Anxious and Depressive Symptoms in a Sample of Undergraduates Students. *Journal of Psychopathology and Behavioral Assessment*, 150-159. DOI: [10.1007/s10862-022-10014-8](https://doi.org/10.1007/s10862-022-10014-8)
- Albuleşcu, P., Macsinga, I., Tulbure, B.T., & Rusu, A. (2024). A Romanian adaptation of the Recovery Experience Questionnaire: Psychometric properties and measurement invariance across general and educational sector employees. *Romanian Journal of Applied Psychology*, Volume 26, Issue 1, 24-39. DOI: 10.2478/rjap-2024-0003
- Albuleşcu, P., Macsinga, I., Sulea, C., Pap, Zselyke., Tulbure, B., & Rusu, A. (2025). Short breaks during the workday and employee-related outcomes. A diary study. *Psychological Reports*. DOI: 10.1177/00332941251317632