

PERSONAL INFORMATION

Bogdan Tudor Tulbure



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WORK EXPERIENCE

2019 – Present

Associate professor

West University of Timisoara, Faculty of Sociology and Psychology, Department of Psychology

* Courses: Cognitive Behavioral Therapies (CBT), Introduction to Acceptance and Commitment Therapy (ACT), Positive Psychology: The science of happiness, Foundations of counseling

* Responsibilities: teaching weekly sections, mentoring students, assigning course grades.

Business or sector Research and education

2013 - 2019

Assistant professor

West University of Timisoara, Faculty of Sociology and Psychology, Department of Psychology

* Courses: Cognitive-behavioral Therapy (CBT), CBT for anxiety, Clinical Assessment, Third wave of CBT interventions.

* Responsibilities: teaching weekly sections, mentoring students, assigning course grades.

Business or sector Research and education

2002 - 2013

* Teaching assistant / Assistant professor

Transilvania University of Brasov, Faculty of Psychology and Educational sciences, Department of Psychology and Education

* Courses: Cognitive Psychology, Research Methods and Data Analysis, Cognitive Therapies.

Business or sector Research and education

2011- Present

Cognitive-behavioural therapist

Psychological assessment and cognitive-behavioural psychotherapy (specialist accredited by COPSI)

Business or sector Private practice

EDUCATION AND TRAINING

2015-2018

BA in Art History

Level 5 – undergraduate studies

West University of Timisoara, Romania.

Thesis: *"The digital paintbrush" and its impact in the art world*

2010-2012

Postdoctoral fellow in Psychology (POS DRU/89/1.5/S/60189)

Level 6 – postgraduate studies

Babes-Bolyai University, Cluj-Napoca, Romania.

Research topic: *Evidence-based assessment methods in anxiety disorders*

2003-2009	<p>Ph.D. in Psychology Babes-Bolyai University, Cluj-Napoca, Romania. Thesis: <i>Anxiety Information Processing and their Assessment.</i></p>	Level 6 – postgraduate studies
2000-2002	<p>MS Counseling Psychology, Babes-Bolyai University, Cluj-Napoca, Romania. Thesis: <i>Conscious and Unconscious Information Processing.</i></p>	Level 6 – postgraduate studies
1996-2000	<p>BS in Psychology. Babes-Bolyai University, Cluj-Napoca, Romania. Thesis: <i>The Importance of Psychological Control in Health and Illness.</i></p>	Level 5 – undergraduate studies
1989-1993	<p>High school diploma Andrei Saguna high school, Brasov, Romania.</p>	Level 3 – high school studies

INTERNATIONAL RESEARCH EXPERIENCE

January & February, 2015	Visiting researcher at Boston University, US.
February & March, 2012	Visiting researcher at Linkoping University, Sweden.
August, 2007 – June, 2008.	Fulbright visiting researcher at University of Virginia, U.S.
February – May, 2001	Semester abroad at Sunderland University, Sunderland, UK.

PERSONAL SKILLS

Mother tongue(s) **Romanian**

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
TOFEL (2007)					

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
Common European Framework of Reference for Languages

RESEARCH GRANTS AND NETWORKING

Principal investigator:

- ✓ **PRECISE-CARE Precision Mental Health Services: Enhancing Psychotherapy Effectiveness for Vulnerable Populations**, PN-IV-PCB-RO-MD-2024-0547 ctr. 58PCBROMD at West University of Timișoara, Grant budget: **Euro 150.000**; October 2025 – September 2027.
- ✓ **A new internet-delivered transdiagnostic intervention for anxiety and mood disorders**; PN-II-PT-PCCA-2013-4-1820, project number: 331/2014; West University of Timișoara, Grant budget: **Euro 180.000**; September 2014 – September 2017.
- ✓ **Individual post-doctoral program in Psychology** at Babes-Bolyai University, Cluj-Napoca; POSDRU/89/1.5/S/60189; Grant budget: **Euro 24.000**; October 2010 – September 2012.
- ✓ **Fulbright visiting researcher**, University of Virginia, U.S.A.; Grant budget: **\$12.000**; August, 2007 – June, 2008.

Member in International Grants and Networking groups:

- ✓ **The social inclusion of LGBT people. Public attitudes and evidence-based interventions to**

increase their quality of life, Project RO-NO-2019-0412 September 2020 – August 2023

- ✓ **COST Action CA16102: “European Network on Individualized Psychotherapy Treatment of Young People with Mental Disorders”.** Funding program: European Cooperation in Science and Technology. Role: Dr. Tulbure is a *Management Committee member* and *Vice leader of Working Group 1* „Moderators and predictors of psychotherapy for adolescents and young adults.” March 2017 – March 2021

Member in National Grants

- ✓ **Consilierea carierei si servicii de practica profesionala in psihologie (Career counseling and professional practice in psychology)** POSDRU/161/2.1/G/136958. Director prof. univ. dr. Florin Alin Sava (<http://www.carierapsiho.psihologietm.ro>) April 2014 – October 2015
- ✓ **Evaluare si micro-violenta in mediul scolar. Relatii, prevenire si interventie (Assessment and micro-violence in school settings. Relationships, prevention and intervention EMMS)** Contract no. 4GR/28.05.2007 / 6GR/2008, CNCSIS 943/2007, Director prof. univ. dr. Cocorada Elena May 2007 – Dec 2008
- ✓ **Analiza neurocognitiva si developmentala a anxietatii. Aplicatii in optimizarea metodelor de diagnoza si psihoterapie (Neurocognitive and developmental assessment of anxiety. Optimizing the diagnostic and psychotherapy procedures).** Contract nr. 122 CEEEX II 03/2006, Director prof. univ. dr. Mircea Miclea

PUBLICATIONS

Books and book chapters

- Tulbure B.T.** (2017) *Terapia prin acceptare și angajament: Conceptualizare, intervenție și suport empiric pentru tulburările de personalitate*, in volumul coordonat de Popa, C., David, D. O., Sava, F. A. *Psihoterapiile cognitive și comportamentale în tulburările de personalitate. Aplicații practice și noi direcții*, Editura Trei, Bucuresti (**Tulbure B. T.** (2017) *Acceptance and Commitment Therapy: Conceptualization, interventions and empirical support for personality disorders*, in Popa, C., David, D. O., Sava, F. A. *Cognitive and Behavioral therapies in personality disorders: Practical applications and new directions*, Trei Publishing House, Bucharest)
- Tulbure, B.T.** (2011) *Anxietatea – Procesări informaționale și evaluarea lor*. Editura ASCR, Cluj Napoca. ISBN 978-606-8244-26-6 (296 p.) (*Anxiety Information Processing and their Assessment*, A.S.C.R. Printing House, Cluj Napoca, Romania. ISBN 978-606-8244-26-6).
- Tulbure, B. T.** (2008) *Trainingul asertiv*, in E. Cocorada, M. R. Luca, A. I. Clinciu, M. Pavalache-Ilie, L. E. Nastasa & B. T. Tulbure (2008). *Microviolenta scolara conexa evaluarii. Ghid de consiliere educationala*. Brasov: Ed. Universitatii Transilvania. ISBN 978-973-598-433-5 (*Assertive Training*, in E. Cocorada, M. R. Luca, A. I. Clinciu, M. Pavalache-Ilie, L. E. Nastasa & B. T. Tulbure (2008). *School micro-violence related to assessment: A guide for educational counseling*. Transilvania University Printing House, Brasov. ISBN 978-973-598-433-5).

ISI & ISI Proceedings papers

- Tulbure, B. T., Spătaru, B., Rusu, A., Faur, D., Precupaș, D., Trancă, L. M., Popa, Ș. G., & Spătaru, A.** (in press). *Breaking barriers in student mental health care with AI-enhanced group cognitive behavioral therapy: A pilot feasibility study.*
- Tulbure B. T., Tirica, S., Dolot, L. I., Marian, S., Sălăgean, N., Rusu, A.,** (in press) *Internet-Delivered ACT for Anxiety in Romania: A Pilot Study of Cultural Adaptation and Clinical Implementation*
- Albulescu, P., Macinga, I., Sulea, C., Pap, Z., **Tulbure, B. T.,** & Rusu, A. (2025). Short Breaks During the Workday and Employee-Related Outcomes. A Diary Study. *Psychological Reports.* <https://doi.org/10.1177/00332941251317632>
- Tulbure, B. T., Dudău, D. P., Marian, Ș., & Watkins, E.** (2025). An internet-delivered rumination-focused CBT intervention for adults with depression and anxiety: A randomized controlled trial. *Behavior Therapy.* <https://doi.org/10.1016/j.beth.2024.12.004>
- Spătaru, B., Podina, I., **Tulbure, B. T.,** Maricuțoiu, L. (2024) A longitudinal examination of appraisal, coping, stress, and mental health in students: A cross-lagged panel network analysis, *Stress and Health*, e3450. <https://doi.org/10.1002/smi.3450>

- Isbășoiu, A. B., Sava, F. A., Larsen, T. M. B., Anderssen, N., Rotaru, T. S., Rusu, A., Sălăgean, N., & **Tulbure, B. T.** (2024). An Internet-Based Intervention to Increase the Ability of Lesbian, Gay, and Bisexual People to Cope With Adverse Events: Single-Group Feasibility Study. *JMIR formative research*, 8, e56198. <https://doi.org/10.2196/56198>
- Gergov, V., Prevendar, T., Voursora, E. Ulberg, R., Dahl, H-S., Feller, C., Jacobsen, C. F., Karain, A., Milic, B., Poznyak, E., Sacco, R., **Tulbure B. T.**, Camilleri, N., Liakea, I., Podina, I., Saliba, A., Torres, S., & Poulsen, S. (2023) Sociodemographic Predictors and Moderators of Treatment Outcomes of Psychotherapeutic Interventions for Young People with Mental Disorders: A Systematic Review. *Adolescent Research Review*, <https://doi.org/10.1007/s40894-023-00228-6>
- Albulescu P., Macsinga I., Rusu A., Sulea C., Bodnaru A., & **Tulbure B. T.** (2022) "Give me a break!" A systematic review and meta-analysis on the efficacy of micro-breaks for increasing well-being and performance. *PLoS ONE* 17(8): e0272460. <https://doi.org/10.1371/journal.pone.0272460>
- Isbășoiu, A. B., **Tulbure B. T.**, Rusu, A., & Sava, F. A. (2021) Can We Boost Treatment Adherence to an Online Transdiagnostic Intervention by Adding Self-Enhancement Strategies? Results From a Randomized Controlled Non-inferiority Trial. *Front. Psychol.* 12:752249. doi: 10.3389/fpsyg.2021.752249
- Voursora, E., Gergov, V., **Tulbure, B.T. et al.** (2021). Predictors and moderators of outcome of psychotherapeutic interventions for mental disorders in adolescents and young adults: protocol for systematic reviews. *Systematic Reviews* 10, 239 <https://doi.org/10.1186/s13643-021-01788-1>
- Pereira, A. I., Muris, P., Roberto, M. S., Stallard, P., Garcia-Lopez, L-J., **Tulbure, B. T.**, Podina, I., Simon, E., Sousa, M., & Barros, L. (2021) Cumulative Risk Exposure and Social Isolation as Correlates of Carer and Child Mental Health During the COVID-19 Pandemic: An Online Study with Families from Various European Countries, *Child Psychiatry & Human Development*, 1-13; <https://doi.org/10.1007/s10578-021-01233-3>
- Tulbure, B. T.**, Flueraș, A. B., Nădăban, O., Moga, D. S., & Măgurean, S. (2021) An open trial internet-delivered intervention for perfectionism, *Current Psychology* 10.1007/s12144-020-01286-y (IF 2.051 / 2019, Print ISSN 1046-1310, E ISSN 1936-4733)
- Maricuțoiu, L., Măgurean, S. & **Tulbure, B. T.** (2019) Perfectionism in a transdiagnostic context: The relationships between perfectionism and psychopathology, *European Journal of Psychological Assessment*, DOI: 10.1027/1015-5759/a000541
- Tulbure, B. T.**, Rusu, A., Sava F. A., Sălăgean, N., & Farchione, T. J. (2018). A Web-Based Transdiagnostic Intervention for Affective and Mood Disorders: Randomized Controlled Trial, *Journal of Medical Internet Research, Mental Health*, 5(2):e36 DOI: 10.2196/mental.8901
- Tulbure, B. T.**, Andersson, G., Sălăgean, N., Pearce M., & Koenig, H. (2018). Religious versus Conventional Internet-based Cognitive Behavioral Therapy for Depression, *Journal of Religion and Health*, 56, 1-15. DOI: 10.1007/s10943-017-0503-0
- Tulbure B. T.**, Szentagotai A., David O., Ștefan S., Månsson KNT, David D. & Andersson, G. (2015) Internet-Delivered Cognitive-Behavioral Therapy for Social Anxiety Disorder in Romania: A Randomized Controlled Trial. *PLOS ONE* 10(5): e0123997. doi:10.1371/journal.pone.0123997
- Tulbure, B. T.** (2015). Appreciating the positive protects us from negative emotions: The relationship between gratitude, depression and religiosity. *Procedia of Social and Behavioral Sciences*, 187, 475 – 480. doi: 10.1016/j.sbspro.2015.03.089
- Marini, M., Sriram, N., Schnabel, K., Maliszewski, N., Devos, T., Ekehammar, B., Wiers, R., Cai, H., Somogyi, M., Shiomura, K., Schnall, S., Neto, F., Bar-Anan, Y., Vianello, M., Ayala, A., Dorantes, G., Park, J., Kesebir, S., Pereira, A., **Tulbure, B.**, Ortner, T., Stepanikova, I., Greenwald, A. G., & Nosek, B. A. (2013). Overweight people have low levels of implicit weight bias, but overweight nations have high levels of implicit weight bias. *PLOS ONE*. 8(12): e83543. doi:10.1371/journal.pone.0083543
- Tulbure, B. T.**, & Siberescu, I. (2013). Cognitive training enhances working memory capacity in healthy adults: A pilot study. *Procedia of Social and Behavioral Sciences*, 78, 175-179.
- Tulbure, B. T.**, Månsson, K. N. T., & Andersson, G. (2012). Internet treatment for social anxiety disorder in Romania: Study protocol for a randomized controlled trial, *Trials* 13:202. doi: 10.1186/1745-

6215-13-202.

- Tulbure, B. T.,** Szentagotai, A., Dobreana, A., & David, D. (2012) Evidence based clinical assessment of child and adolescent social phobia: A critical review of rating scales, *Child Psychiatry and Human Development*, 43, 795-820. doi: 10.1007/s10578-012-0297-y (Impact Factor: **1,93**).
- Tulbure, B. T.** (2012). Human attitudes toward error: A quest in search of scientific evidence *Procedia of Social and Behavioral Sciences*, 33, 278-282.
- Tulbure, B. T.** (2011). The efficacy of Internet supported interventions for social anxiety disorders: A brief meta-analytic review *Procedia of Social and Behavioral Sciences*, 30, 552-557
- Tulbure, B. T.** (2011). Implicit and explicit facets of spider fear: a brief research report *Procedia of Social and Behavioral Sciences*, 30, 558-564.
- Nosek, B.A., Smyth, F.L., Sriram, N., Lindner, N.M., Devos, T., Ayala, A., Bar-Anan, Y., Bergh, R., Cai, H., Gonsalkorale, K., Kesebir, S., Maliszewski, N., Neto, F., Olli, E., Park, J., Schnabel, K., Shiomura, K., **Tulbure, B.T.**, Wiers, R.W., Somogyi, M., Akrami, N., Ekehammar, B., Vianello, M., Banaji, M.R., & Greenwald, A.G. (2009). National differences in gender-science stereotypes predict national sex differences in science and math achievement. *Proceedings of the National Academy of Sciences*, Vol. 106, No. 26, 10593-10597. (Impact Factor: **9,05**).

- BDI papers** Măgurean, S., Sălăgean, N. & **Tulbure, B. T.** (2016). Factor structure and Psychometric properties of two short versions of Frost Multidimensional Perfectionism Scale in Romania. *Romanian Journal of Experimental Applied Psychology* Vol. 7, Issue 1, 207-211. DOI: 10.15303/rjeap.2016.si1.a43
- Hackl, E. & **Tulbure, B. T.** (2016). The Quick Inventory of Depressive Symptomatology – the Self Report Romanian version, *Romanian Journal of Applied Psychology*, Vol. 18, No. 1, 8-12.
- Tulbure, B.T.** (2008). Chestionarele ca instrumente de evaluare în anxietate: O analiză critică, *Analele Universității din Oradea, Fascicula Psihologie*, Vol. XIII, 28-42.
- Tulbure, B.T.** (2006). Dissimulating anxiety in front of the Implicit Association Test (IAT) *Cognition, Brain, Behavior*, Vol. X, No. 4 (December), 559-579.
- Tulbure, B.T.** (2005). Modele teoretice în etiologia fobiilor, *Cogniție Creier Comportament*, Vol, IX, No. 1, 65-85.

- Nationally relevant papers** **Tulbure, B.T.** (2005). Chestionarul de Evaluare a Temerilor (CET): Aspecte psihometrice și factoriale, *Exigențe și Standarde ale Psihologiei Aplicate*, Câmpulung Moldovenesc.
- Tulbure, B.T.** (2005). Mai este condiționarea un model comprehensiv în etiologia fobiilor? *Buletinul Științific*, No. 2, 9-17, Universitatea Pitești.
- Tulbure, B.T.** (2005). Susceptibilitatea la anxietate – conceptualizare și aspecte psihometrice, *NavMarEdu, Secțiunea IV - Științe Sociale*, p. 673-681, Constanta
- Tulbure, B.T.** (2002). Stimularea supraliminală: efecte asupra prelucrărilor conștiente și inconștiente, in Petrescu I. (Ed.) *Eficiență, Legalitate, Etică*, Ediția a-XI-a, Brașov.

- Internațional conferences** **Tulbure, B. T.,** Spătaru, B., Rusu, A., Faur, D., Precupaș, D. Trancă, L. M., Popa, S. G., Spătaru, A., (2025) *Feasibility of an AI Augmented Psychological Counseling Program for University Students in Romania*, ESRII Conference, 3-5 October, Vilnius Lithuania
- Tulbure, B. T.,** Marian, S. (2024) Exploring the role of experiential avoidance as a change mechanism in a transdiagnostic treatment for anxiety and depression, *EABCT Conference, 54 Edition, New age of CBT – Challenges and perspectives*, 4-7 September, Belgrade, Serbia
- Tulbure, B. T.,** Flueraș, A. B., Nădăban, O., Moga D. S., & Măgurean, S., (2024) An open trial internet-delivered intervention for perfectionism, *Perfectionism Meeting Network*, Babes-Bolyai University, Cluj-Napoca, July 9-10, 2024
- Tulbure B.T.** (2023) Our brilliant and broken mind – How to relate to the stories within? Ignite talk presented at the *ACBS World Conference*, Cyprus, Nicosia, 24-28 July, 2023

- Vella Fondacaro, D.; Camilleri, N.; Voursora, E., Hochgerner, M., Poulsen, S., ... **Tulbure B.T.** ... & Garcia-Lopez, L.-J. (2020) Evidence-based Psychotherapeutic Interventions for Young People with Mood disorders, A systematic review, *28th European Congress of Psychiatry*, 4-7 July, 2020
- Camilleri, N.; Saliba, A., Voursora, E., Löffler-Stastka, H., Vella Baldacchino, R., Saliba, E., **Tulbure B.T.** ... & Gergov, V. (2020). Evidence-based Psychotherapeutic Interventions for Young People with Mental Disorders, A systematic review, *28th European Congress of Psychiatry*, 4-7 July, 2020
- Sacco R, Camilleri N, Saliba E, Voursora E, Saliba A, Vella Fondcaro D, Löffler-Stastka H, Poulsen S, Chiarenza G, Ulberg R, Gergov V, Prevendar T, Torres S, **Tulbure B. T.**, GarciaLopez LJ, Hochgerner M, & Markovska-Simoska S. (2020). Evidence-based psychotherapeutic interventions for young people with Substance Use Disorders (SUD): a systematic literature review. *28th European Congress of Psychiatry*, Madrid, Spain, 4-7 July 2020.
- Voursora, E., Gergov, V., **Tulbure, B. T.**, Podina, I., & Poulsen, S., (2019) Moderators of psychotherapeutic interventions for young people: What do we know so far? *Society for Psychotherapy Research 50th Annual International Meeting*, Buenos Aires, Argentina (July 3-6)
- Tulbure, B. T.**, Măgurean, S., Moza, D., Rusu, A., & Sălăgean N. (2017) The new e-cbt.ro online psychotherapy platform, *International Congress of Cognitive Psychotherapy*, 28.06–01.07.2017, Cluj-Napoca, Romania
- Magurean, S., Flueraș, A., Nădăban, O., Moga, D., **Tulbure, B. T.** (2017) An internet-delivered cognitive-behavioral program for perfectionism, *International Congress of Cognitive Psychotherapy*, 28.06–01.07.2017, Cluj-Napoca, Romania
- Tulbure, B. T.**, Rusu, A, Măgurean, S., & Sava, F. A. (2017). An online transdiagnostic treatment for affective and mood disorders, *International Congress of Cognitive Psychotherapy*, 28.06–01.07.2017, Cluj-Napoca, Romania
- Măgurean, S., Sălăgean, N., Rusu, A., Maricutoiu, L., & **Tulbure, B. T.** (2016) *The Psychometric properties of Almost Perfect Scale – Revised in a Romanian Sample*, Conferința Europeană de Psihologia Personalității (Iulie 2016), Timisoara, România.
- Tulbure, B. T.** (2014). Appreciating the positive protects us from negative emotions: The relationship between gratitude, depression and religiosity, *Psiworld*, 24-26 Oct., Bucuresti, Romania.
- Tulbure, B. T.**, Szentagotai, A., David O., Stefan, S., Månsson, K. N. T., David, D. Andersson, G. (2013). Internet intervention for social anxiety disorder in Romania, *Second edition of the European Society for Research on Internet Interventions (ESRII) Conference*, 3-4 Oct., Linkoping, Sweden.
- Andersson, G. Stalby, H., **Tulbure, B.T.**, & Cuijpers, P. (2013). Meta-analysis of the effects of internet treatments for social anxiety disorder, *7th World Congress of Behavioral and Cognitive Therapies*, 22-25 Iulie, Lima, Peru.
- Tulbure, B. T.**, & Siberescu, I. (2012). Cognitive training enhances working memory capacity in healthy adults: A pilot study. *Psiworld*, 18-21 Oct., Bucuresti, Romania.
- Tulbure, B. T.** (2011). Human attitudes toward error: A quest in search of scientific evidence *Psiworld*, 27-30 Oct., Bucuresti, Romania.
- Tulbure, B.T.** (2011). Implicit and explicit facets of spider fear: a brief research report, *World Conference for Psychology, Counselling and Guidance 2011 (second edition)*, 25-29 Mai, Antalya – Turkey.
- Tulbure, B.T.** (2011). The efficacy of Internet-supported intervention for social anxiety disorder: A brief meta-analytic review, *World Conference for Psychology, Counselling and Guidance 2011 (second edition)*, 25-29 Mai, Antalya – Turkey.
- Tulbure B.T.**, Teachman B.A., & Nosek B.A (2010). The dynamic relationships among emotional system and measurement methods: the impact of moderators; *24th European Health Psychology Conference*, Cluj-Napoca, Romania.
- Tulbure B.T.**, Steinman S.A., & Teachman B.A. (2010). Does momentary shifts in affect influence unrelated decisions? *24th European Health Psychology Conference*, Cluj-Napoca, Romania
- Steinman, S.A., **Tulbure, B.T.**, & Teachman, B.A. (2009). State Affect as a Predictor of Implicit Associations Among Individuals High in Spider Fear, *Academy of Behavioural and*

Cognitive Therapy, New York, U.S.A.

Tulbure, B.T., Teachman, B.A. & Nosek, B.A. (2009). Moderators of the relationship between different forms of fear responding, *30th Stress and Anxiety Research Society Conference*, Budapest, Hungary.

Steinman, S.A., **Tulbure, B.T.**, & Teachman, B.A. (2009). Evaluating the effects of state anxiety on implicit associations among individuals high in spider fear. Poster presented at the annual meeting of the *Society for Personality and Social Psychology*, Tampa, Florida, USA.

National Conferences

Tulbure, B. T., Secara, E. (2025) Assessing the Clinical Utility of AI-Generated Metaphors in ACT for Anxiety and Depression, *ACT National Conference, Fifth Edition*, 8-10 June 2025, Cluj-Napoca, Romania

Tulbure, B. T. (2024) Managing Cognitive Distortions: Towards a Flexible Approach to Cognitive Errors, *ACT National Conference, Fourth Edition*, 12-14 July 2024, Cluj-Napoca, Romania

Albulescu, P., Macsinga, I., **Tulbure, B. T.**, Rusu A. (2023) Adaptarea în limba română a Chestionarului Experiențelor de Recuperare pentru angajații din sectorul general și cel educațional Conferința Națională de Psihologie intitulată *Psihologia în era digitalizării*, 2-4 iunie 2023, Constanța

Tulbure B.T. (2023) Cu ce este asociată Umilința Intelectuală? *Conferința Națională de Psihologie intitulată Psihologia în era digitalizării*, 2-4 iunie 2023, Constanța.

Tulbure B.T. (2022) Poate fi procesul defuziunii facilitat de conștientizarea și acceptarea distorsiunilor cognitive? *Conferința Națională ACT, A 2-a ediție, Aprofundarea conexiunilor interpersonale din perspectiva paradigmei contextual comportamentale*, 20-22 Mai 2022, Online

Tulbure B.T. (2022) ACT în Anxietate și Deresie, *Conferința Națională ACT, A 2-a ediție, Aprofundarea conexiunilor interpersonale din perspectiva paradigmei contextual comportamentale*, 20-22 Mai 2022, Online

Tulbure, B.T. (2021). Iluzia de a fi sigur și mecanismele ei de corecție, *Conferința Asociației Psihologilor din România: Psihologie și Tehnologie, Conectați la Viitor*, 11-14 Nov, 2021 (The illusion of being certain and its correction mechanisms, *Romanian Psychological Association conference: Psychology and technology – connected to the future*, Nov 11-14, 2021)

Tulbure, B.T. (2012). Terapia cognitiv-comportamentală a fobiei sociale în mediul virtual: un studiu clinic controlat. *Conferința Națională de Psihologie (APR)*, 27-29 Sept., Brasov.

Cioara, M., Miclea, M., Miu, A., & **Tulbure, B.T.** (2007). Distorsiuni cognitive in cercetare și evaluare – Avantajele și limitele testelor implicite în evaluarea anxietății, *Conferința Națională de Psihologie Școlară*, Baile Felix, Romania.

Tulbure, B.T. (2006). Proiectul Implicit România – Un laborator virtual pentru evaluarea asocierilor implicite, *Conferința Națională de Psihologie (APR)*, 18-21 Mai, Cluj Napoca

Tulbure, B.T. (2004). Consecințe comportamentale ale amorsajului supraliminal, *Psihologia Românească și Integrarea Europeană (APR)* 21-23 Mai, Călimănești-Căciulata.

INTERNATIONAL WORKSHOPS

ATTENDED (selection)

2924.09.04 **Entering the World of Psychedelic-assisted Therapy**, presented by **James Bennet Levy, PhD & James Hawkins**, at the *54th Annual Congress of the European Association for Behavioural and Cognitive Therapies (EABCT 2024)*, Belgrade

2024.07.12 **The Heart of ACT**, presented by **Robyn Walser, PhD** during the *ACT National Conference, 4th Edition*, Cluj-Napoca, Romania

2023.07.24-25 **The Next ACT: How 40 Years of Development Has Prepared CBS for What is Coming**, presented by: *Steven C. Hayes, Ph.D., Gijs Jansen, Ph.D., Joseph Ciarrochi, Ph.D.* during the *ACBS World Conference*, Nicosia, Cyprus

- 2021-2022 **ACT immersion – An introduction to ACT as a Process-Based Therapy**, online course presented by **Steven Hayes, PhD** (University of Nevada, USA)
- 2019.06.6-9 and 10.4-6 **Compassion Focused Therapy (CFT)**, (48 training hours) Presented by **Chris Irons, PhD** (Clinical Psychologist & Director @ Balanced Minds, UK)
- 2018.03.16-17 **Trainig school on building research networks, writing succesful grant applications and on increasing knowledge about European funding opportunities**, University of Oslo, Norway (part of Cost-Action TREATme 16102)
- 2017.07.28-30 **Using psychological flexibility as a guide to doing process-oriented CBT** presented by **Steven Hayes, PhD** (University of Nevada, USA) during the *9th International Congress of Cognitive Psychology* (Cluj-Napoca, Romania)
- 2012.09.25-26 **International Symposium on Clinical Psychology - Workshop on empirically supported interventions** presented by **Thomas Ollendick, PhD** (Virginia Polytechnic Institute, USA), **Bethany Teachman PhD** (University of Virginia, USA), **John Lochman PhD** (University of Alabama, USA), **Christianne Lee Esposito – Smythers** (George Mason University, USA), **Ion Dafinoiu PhD** (Universitatea Ioan Cuza, RO), **James Maddux PhD** (George Mason University, USA)
- 2011.07.20-22 **Workshop on Evidence-Based Treatments – What research tell us about which interventions work with wich problems** susținut de **Thomas Ollendick, PhD** (Virginia Polytechnic Institute, USA), **Bethany Teachman PhD** (University of Virginia, USA), **John Lochman PhD** (University of Alabama, USA), **Everett Warthington PhD** (Virginia Commonwealth University, USA), **Cecilia Essau PhD** (Roehampton University, UK), **Ion Dafinoiu PhD** (Universitatea Alexandru Ioan Cuza, RO), **James Maddux PhD** (George Mason University, USA)

AD-HOC REVIEWING

- * Journal of Cognitive and Behavioral Psychotherapies
- * Journal of Rational-Emotive & Cognitive-Behavior Therapy
- * Internet Interventions
- * Scandinavian Journal of Psychology
- * World Conference for Psychology, Counselling and Guidance (May, 2011)
- * Psiworld (Oct, 2011, 2012, 2014)
- * Romanian Journal of Applied Psychology
- * Journal of Medical Internet Research (JMIR)