



**Curriculum vitae
Europass**

PERSONAL INFORMATION

Name / Surname Cîndea Adela Claudia
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E-mail adela.cindea@e-uvt.ro
Nationality Romanian
Date of birth 09.12.1974
Gender Female

WORK EXPERIENCE

Period	2016 – Present
Occupation or position held	Associate Professor PhD
Main activities and responsibilities	Teaching courses in: Educational Psychology, Pedagogy I & II, Subject Didactics (Psychology), Pedagogical Practice, and Classroom Management.
Name and address of employer	West University of Timișoara, Department for Teacher Training (DPPD), Blvd. Vasile Pârvan, No. 4, Timișoara.
Type of business or sector	Education, Higher Education
Period	2009 – 2016
Occupation or position held	Lecturer PhD
Main activities and responsibilities	Teaching courses in: Educational Psychology, Pedagogy I & II, Subject Didactics (Psychology), Classroom Management, Pedagogical Practice, and Field Didactics.
Name and address of employer	West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara.
Type of business or sector	Education, Higher Education
Period	October 2006 – 2009
Occupation or position held	PhD Student University Lecturer
Main activities and responsibilities	Teaching courses in: Educational Psychology, Pedagogy, Didactics of Psychology, and Didactics of Special Psychopedagogy within the Rural Education Project.
Name and address of employer	West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara.
Type of business or sector	Education, Higher Education

Period	Oct. 2005 - Sept. 2006
Occupation or position held	Substitute University Lecturer (PhD candidate)
Main activities and responsibilities	Coordination of pedagogical internships, teaching courses in: School Psychology, Special Psychopedagogy, Research Methodology, Education for children with SEN, General Psychology
Name and address of employer	West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara University College Department for Teachers
Type of business or sector	Education, Higher Education
Period	Mar. 2002 - Sept. 2005
Occupation or position held	Assistant Professor (PhD candidate)
Main activities and responsibilities	Coordination of pedagogical internships, conducting seminars for the General Psychology discipline
Name and address of employer	West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara , University College Department for Teachers
Type of business or sector	Education, Higher Education
Period	Oct. 2001 - Mar. 2002
Occupation or position held	Substitute Assistant Professor
Main activities and responsibilities	Coordination of pedagogical internships, conducting seminars for the General Psychology discipline
Name and address of employer	West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara , University College Department for Teachers
Type of business or sector	Education, Higher Education
Period	Mar. 2000 - Sept. 2001
Occupation or position held	University Teaching Assistant
Main activities and responsibilities	Coordination of pedagogical internships, conducting seminars for the General Psychology discipline
Name and address of employer	West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara , University College Department for Teachers
Type of business or sector	Education, Higher Education
Period	Oct. 1998 - Mar. 2000
Occupation or position held	Substitute University Teaching Assistant
Main activities and responsibilities	Coordination of pedagogical internships, conducting seminars for the General Psychology discipline
Name and address of employer	West University of Timișoara, DPPD, Blvd. Vasile Pârvan, No. 4, Timișoara , University College Department for Teachers

Period Sept. 1995 - Aug. 1998
Occupation or position held Primary School Teacher
Main activities and responsibilities Carrying out instructional-educational activities
Name and address of employer School with Grades I-VIII No. 22 Timișoara
Type of business or sector Education, Primary education

Period Sept. 1994 - Aug. 1995
Occupation or position held Primary School Teacher
Main activities and responsibilities Carrying out instructional-educational activities
Type of business or sector Education, Primary education

Education and training

Period 2020-2022
Qualification / diploma obtained Systemic Family Therapy training courses

Period 2021
Qualification / diploma obtained Postgraduate studies graduation - Teaching and learning in the university environment – an approach based on empirical evidence
Name and type of organization West University of Timișoara
Level in national or international classification Level 6

Period 2015
Qualification / diploma obtained Postgraduate studies graduation: University Didactics and Psychopedagogy / Advanced Scientific Research
Name and type of organization West University of Timișoara
Level in national or international classification Level 6

Period 13-16.10.2015
Qualification / diploma obtained Trainer certification in „Circle of Security”
Name and type of organization Circle of Security International
Level in national or international classification Level 6

Period	24-27.06.2011
Qualification / diploma obtained	Certificate of Good Practices regarding European university educational systems
Name and type of organization	Paris-Sorbonne University, École Nationale d'Administration de Paris, National Agency of Public Servants
Period	Oct. 2003 - Nov. 2009
Qualification / diploma obtained	PhD in Educational Sciences; Doctoral thesis: „Educational Alternatives - Step by Step Pedagogy”, coordinated by Prof. Univ. Dr. Emil Păun
Name and type of organization	University of Bucharest, Faculty of Psychology and Educational Sciences
Level in classification	Level 6
Period	Oct. 1999 - Jul. 2000
Qualification / diploma obtained	Community Psychologist / Postgraduate Diploma
Main subjects / skills covered	Specific competencies for community intervention
Name and type of organization	West University of Timișoara, Faculty of Psychology
Level in classification	Level 6
Period	Oct. 1994 - Jul. 1998
Qualification / diploma obtained	Psychologist / Bachelor's Degree
Main subjects / skills covered	Psychology
Name and type of organization	West University of Timișoara, Faculty of Sociology and Psychology
Level in classification	Level 5
Period	Sept. 1989 - Jun. 1994
Qualification / diploma obtained	Primary School Teacher
Main subjects / skills covered	Didactic competencies
Name and type of organization	Pedagogical High School Timișoara
Level in classification	Level 3

Personal skills and competences

Mother tongue(s)

Romanian

Other language(s)

English

English self-assessment

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production		Writing	
A1	Basic user	A1	Basic user	A1	Basic user	A1	Basic user	A1	Basic user

English

Social skills and competences

Teamwork skills, training experience, tutoring skills; Good communication, socialization, and empathic capacities; Skills acquired through classroom teaching activities

Organisational skills and competences

Planning and organizing events, acquired through teaching and non-formal activities

Technical skills and competences

Operating systems: Windows XP, Vista, and Microsoft Office; Other applications: MS Word, Excel, PowerPoint, Adobe, G-Suit, Google Docs, Classroom, SPSS, QuestionPro; Ability to use computers and other teaching aids (video projector) acquired during teaching and training courses

Computer use skills

Computer literacy acquired during university and teaching activities, including use of didactic aids; Systems: Windows, MS Office, Google Docs, Classroom, SPSS, etc.

Driving licence

Category B driving licence

Additional Information

Mobilities

24-27 June 2011 - University of Paris - Sorbonne and Ecole Nationale D'Administration Paris - excellence training program "Excellence in the European University System" 19-21 December 2010 - Vienna, exchange of experience "Promoting European cooperation in the field of education"

Accreditation of the following training programs at DFCPIP:

Facilitating the teaching career,
Interactive methods of knowledge,
Design and implementation of the competence-centered curriculum.

Accreditation of the following training programs at ANC:

Competence to learn

Experience in educational research/development projects

May 2025 - present: Senior expert in socio-emotional competence training - Reflective-collaborative professionals: an integrated system of workplace learning and complementary activities, based on the principles of integrating theory with practice and using evidence in the decision-making process", Code MySMIS2021+:311901.

5.09.2020 - 4.08.2021: Learning expert within "Together universities and employers. An integrated system of innovative educational programs" POCU/320/6/21/121030

12.07 - 31.07.2021: Documentation referent within "Together universities and employers. An integrated system of innovative educational programs" – POCU/320/6/21/121030

1.07. - 11.12.2020: Specialty expert within "UVT teaching & learning brand - Implementation of the integrated quality assurance system of the teaching process in UVT" CNFIS-FDI-2020- 0274/0295

27.05. - 12.12.2019: Academic strategy expert/career counselor, within FDI 0153/2019

8.04 - 30.09.2019: DPPD trainer, within "Educational and Networking Toolson development of Authentic Performance for professional integration" (eMS RORS-215)

2018: Project team member - "Find your way to UVT: Increasing the chance of access for students from disadvantaged backgrounds to higher education through counseling and career guidance services (GoToUVT)". Project CNFIS-FDI-2018-0186

2018-2019: Project team member - ROSE: INTEGRATED SOCIO-EDUCATIONAL SERVICES OFFERED BY FEAA TO INCREASE STUDENT RETENTION - SSEI-FEAA, Grant agreement: 52/SGU/NC/I/23.11.2017

May 2014 – November 2015: Project team member, "UNIVERSITARIA – School of university didactics and advanced scientific research", Project ID: POSDRU 157/1.3/S/135590, beneficiary West University of Timișoara Priority Axis 1, area of intervention 1.3.1. 10.2013-30.06.2014 Participation in the CiCe project Erasmus Academic Network, nr. 517961-LLP-1-UK-2011-1- UK

2010 – January 2013: Training program expert in the project "Professionalization of teaching careers – new competences for agents of change in education in Caraș Severin and Mehedinți counties"; the beneficiary is ISJ Caraș Severin with partners

CCD Caraș Severin, ISJ Mehedinți, CCD Mehedinți, and DPPD within the West University, area of intervention 1.3., ID 62421;

2010 – 2013: Expert, organizing coordinator in the project "Your practice for the education of the future!", beneficiary DPPD UVT, co-financed through the Sectoral Operational Program for Human Resources Development, Priority Axis 2, area of intervention 2.1., ID 33675;

2010-2013: Educational expert, trainer in the project "Professional facilitation for efficient training quality," beneficiary DPPD UVT, co-financed through the Sectoral Operational Program for Human Resources Development, Priority Axis 1, major area of intervention 3.1., ID 31271;

2007-2008: Volunteer involvement in the international project proposed by Iowa State University, titled "Media impact on violence among youth";

2007-2008: Volunteer involvement in the international project proposed by the Center for Evolutionary Psychology, Santa Barbara, titled "Studies and research in evolutionary psychology."

Affiliations/ Training

2014-: Member of the Romanian College of Psychologists as an autonomous Senior Psychologist in the field of educational psychology, school and vocational counseling;

October 2019 - July 2021: Long-term professional training in systemic family psychotherapy within the CRISDU Areopagus Association;

Scientific reviewer at Eurostampa publishing house, starting 29.05.2013;

July 3-8, 2001: Participation in the training internship for university methodologists, certifying the acquisition of competences in improving pupil/student learning and in the use of the PowerPoint program;

1994: Training internship in Waldorf Pedagogy, Suceava;

1995: Training internship in Waldorf Pedagogy, Cluj.

Administrative Activity

October 2017 – present: Responsible for organizing the 2nd teaching degree within UVT, coordinated by DPPD;

2008 – present: Member of the Board of Directors of DPPD- UVT;

Participation in committees for filling the position of university lecturer.

Participation, starting from 2009, as a coordinator and president within the committees for awarding the 1st teaching degree, and as an evaluator and president in committees for awarding the 2nd teaching degree

